Microsoft®
Train Simulator
Contents

CHAPTER 1 GETTING STARTED ................................................................................................................................. 1
  Installing Train Simulator .............................................................................................................................................. 2
    Setup choices ............................................................................................................................................................. 2
  Getting Train Simulator Updates ............................................................................................................................. 2
  Starting Train Simulator ............................................................................................................................................... 2
  Making Train Simulator Really Perform .................................................................................................................. 3
    Improving both quality and performance ............................................................................................................. 3
    Making a tradeoff between quality and performance .......................................................................................... 4
  Train Simulator Quick Start ........................................................................................................................................ 5
  Keyboard and Mouse commands ............................................................................................................................. 6

CHAPTER 2 THE HOME SCREEN.................................................................................................................................. 7
  Home Screen Options ................................................................................................................................................... 8
  Introductory Train Ride ............................................................................................................................................... 8
  Tutorials ...................................................................................................................................................................... 8
  Drive a Train ............................................................................................................................................................. 9
  Load Saved Activity ................................................................................................................................................... 9
  Options .................................................................................................................................................................... 10
  Getting Help .......................................................................................................................................................... 10

CHAPTER 3 FINDING INFORMATION .......................................................................................................................... 11
  The Engineer’s Handbook ....................................................................................................................................... 12
  Train Simulator Help ................................................................................................................................................. 12
  Help While You’re Driving .................................................................................................................................... 12
  Further Information and Assistance ....................................................................................................................... 13
CHAPTER 4 TOOLS FOR DRIVING ................................................................. 14
  Using Views ................................................................. 15
  The views .................................................................. 15
  The Realism Options .................................................. 16
  the Driving Aids ......................................................... 17
  The Operations Notebook .......................................... 19
  The Train Operations Window .................................... 20
  Heads Up Display (HUD) ........................................... 20

CHAPTER 5 TRAIN BASICS ............................................................. 21
  Three Types of Locomotives ......................................... 22
    Steam locomotives .................................................. 22
    Electric locomotives .............................................. 22
    Diesel locomotives ................................................. 22
  General Requirements for Train Handling .................. 22
  Terms to Know .......................................................... 23
  Slowing and Stopping the Train ................................... 24
    Train brakes ........................................................... 24
    Locomotive brakes ................................................. 26
  Units of Measure ....................................................... 26

CHAPTER 6 HOW TO DRIVE A STEAM LOCOMOTIVE ......................... 28
  What is a Steam Locomotive? ...................................... 29
  Using the Locomotive Controls .................................... 30
    Engineer’s controls .................................................. 30
    Fireman’s controls ................................................... 31
  Operating a Steam Locomotive .................................... 33
    Moving the train ..................................................... 33
    Going uphill .......................................................... 33
    Going downhill ...................................................... 33
    Stopping a train ...................................................... 34
  Troubleshooting ........................................................ 34
  Flying Scotsman ........................................................ 36
    Flying Scotsman Specifications ................................. 37
  Gölsdorf Series 380 ................................................... 38
    Gölsdorf Series 380 Specifications ............................ 39
CHAPTER 7 HOW TO DRIVE A DIESEL LOCOMOTIVE ........................................................................40

What is a Diesel Locomotive? ........................................................................................................41
Using the Diesel Electric Locomotive Controls & Gauges ..........................................................42
Operating a Diesel Electric Locomotive ......................................................................................43
  Moving the train .......................................................................................................................43
  Slowing or stopping ...............................................................................................................44
  Reversing ..............................................................................................................................44
  Blending the brakes ..............................................................................................................44
  Wheelslip and sanding .........................................................................................................45
  Controlling in-train forces ...................................................................................................45
  Throttle handling ...............................................................................................................45
Dash 9 .........................................................................................................................................46
  Dash 9 Specifications ...........................................................................................................47
GP38-2 ........................................................................................................................................48
  GP38-2 Specifications .........................................................................................................49
KIAH 31 ....................................................................................................................................50
  KIAH 31 Specifications ........................................................................................................51

CHAPTER 8 HOW TO DRIVE AN ELECTRIC LOCOMOTIVE ..........................................................52

What is an Electric Locomotive? ..................................................................................................53
Using Electric Locomotive Controls & Gauges ........................................................................54
Operating an Electric Locomotive ..............................................................................................56
  Moving the train ..................................................................................................................56
  Stopping the train ..............................................................................................................56
The 2000 Series .........................................................................................................................57
  2000 Series Specifications .................................................................................................57
The 7000 LSE Series ................................................................................................................58
  7000 LSE Series Specifications .........................................................................................58
Amtrak Acela Express ................................................................................................................59
  Amtrak AcelaSM Express Specifications ...........................................................................60
Acela HHP-8 ............................................................................................................................61
  Amtrak AcelaSM HHP-8 Locomotive Specifications ..........................................................61
CHAPTER 9 OPERATIONS ................................................................. 62

Passenger Operations ................................................................. 63
  Following the timetable ............................................................ 63
  Stopping at stations ................................................................. 63
Freight Operations ........................................................................ 63
  Following the work order .......................................................... 64
  Manual switching ................................................................. 64
  Identifying locomotives, cars, sidings, and station platforms .... 64
  Coupling and uncoupling ....................................................... 65
Using Multiple Units ................................................................. 65
Refueling ...................................................................................... 66
Preventing Accidents at Road Crossings .................................... 66
Bells, Whistles, and Horns ............................................................. 67
Trackside Signage ....................................................................... 67
Signaling ..................................................................................... 67
  Learning the signals .............................................................. 68
  Obeying signals ..................................................................... 68
Speed Limits ............................................................................... 68
  Types of speed limits ............................................................ 68

CHAPTER 10 THE ACTIVITIES ......................................................... 70

The Goal ...................................................................................... 71
Activity Types ............................................................................ 71
Before the Activity Begins .......................................................... 72
During the Activity ...................................................................... 72
  What you’re evaluated on ...................................................... 72
  Using driving aids .............................................................. 73
  Using the Operations Notebook ........................................... 73
  Saving an Activity ............................................................... 73
After the Activity Ends .............................................................. 74
CHAPTER 11 THE ROUTES ......................................................................................................................... 75
  Marias Pass .................................................................................................................................................. 76
  Northeast Corridor ................................................................................................................................. 78
  Innsbruck - St. Anton .............................................................................................................................. 80
  Settle & Carlisle Line ............................................................................................................................. 82
  Tokyo-Hakone .......................................................................................................................................... 84
  Hisatsu Line .......................................................................................................................................... 86

CHAPTER 12 THE EDITORS AND TOOLS .................................................................................................. 88
  Before You Begin ................................................................................................................................. 89
  The Editors and Tools .......................................................................................................................... 89
    Did You Know... ................................................................................................................................. 91
    Be Safe: ........................................................................................................................................... 91
  Operation Lifesaver, Inc. ...................................................................................................................... 91
Whether you’re a rookie, a hard-core gamer, or a real-life train engineer, you probably can’t wait to climb into the cab and drive off into the sunset. Before you start using Microsoft® Train Simulator though, there are a few things you need to do. This chapter tells you how to get started.
INSTALLING TRAIN SIMULATOR

1. Turn on your computer and start your Microsoft Windows® operating system (Windows 95 or later).
2. Insert Train Simulator Disc 1 into your CD-ROM drive.
3. Follow the instructions on the screen.

If your computer doesn’t support automatic installation, follow these steps:
1. Click Start on the taskbar.
2. Point to Settings, and then click Control Panel.
3. Double-click Add/Remove Programs.
4. On the Install/Uninstall tab, click Install.
   -or-
   Click Add New Programs, and then click the CD or Floppy button.
5. Follow the instructions that appear on your screen.

**Setup choices**

**Default**—Choose this option to install all the software and all six routes.

**Custom**—Choose this option if you need to conserve hard disk space on your computer. You can pick just the routes you want installed on your hard disk and available in the game. You can always install other routes later.

**Note**: Installation may require one or more of the two Train Simulator compact discs, depending on the options you choose.

GETTING TRAIN SIMULATOR UPDATES

Occasionally Microsoft releases late-breaking updates about its products, so it’s always a good idea to check the Web site for updates. Typically you install the product from the CD-ROM first (as described above), and then install any update that you have downloaded from the Web site.

If there are any Train Simulator updates, you can find them at: http://www.microsoft.com/games/trainsim

STARTING TRAIN SIMULATOR

- Click Start, point to Programs, point to Microsoft Games, point to Train Simulator, then click Train Simulator.
- or-
- Double-click the Train Simulator icon on the Windows desktop.
MAKING TRAIN SIMULATOR REALLY PERFORM

When talking about a simulation’s graphics, quality refers to how real the images look on the screen, and performance refers to how quickly and smoothly the images move. Higher quality typically means decreased performance, since displaying complex, richly detailed, three-dimensional graphics puts a heavy load on your system. If you’re not seeing the graphics quality and performance you expect, this section explains some choices and tradeoffs you can make to optimize your experience.

Improving both quality and performance

To get maximum quality and performance, consider the following options

➤ Shut down other applications

When using Train Simulator, you probably won’t need other applications such as word processors and e-mail programs, so close them to free up more of your computer’s brainpower for Train Simulator.

➤ Upgrade your graphics card — 3-D graphics card technology is advancing at a tremendous rate. Newer graphics cards, which operate faster and have more on-board RAM, can improve graphics performance remarkably.

Make sure you:

➤ Set the display options in Train Simulator to take full advantage of it (see “Change display options,” in the “Making a tradeoff between quality and performance” section below).

➤ Download the latest drivers from the manufacturer’s Web site.

If you have problems getting your 3-D card to work properly, make sure you’ve read the Train Simulator Readme file (located in the Train Simulator directory on your hard drive) and the card manufacturer’s documentation.

➤ Get more RAM

Random access memory (RAM) is your computer’s short-term memory. Generally, the more RAM there is, the faster your computer’s brain (the CPU) can process data. Your computer must have at least 32 megabytes (MB) of RAM to run Train Simulator.

➤ Get a faster processor

Although Train Simulator will run on a Pentium II 266 machine, a Pentium II-350 or faster processor is recommended for optimal performance.
Making a tradeoff between quality and performance

Choosing between quality and performance depends on what you want to do. If you want to read signs and billboards as you drive the 7000 LSE Series through downtown Tokyo, then you’re probably willing to sacrifice a little performance for a better view. But if you want to hurtle the AcelaSM Express along the Northeast Corridor in a snowstorm, then smooth movement of the train and the cab controls will take precedence over scenery details. No matter what kind of hardware you have, you can make tradeoffs between graphics quality and performance.

Try the following options to find the balance between quality and performance that’s right for your needs.

» Change the resolution
  Depending on your video card and monitor, you can run Train Simulator at a variety of screen resolutions. The software is designed to run at a minimum resolution of 640 x 480. If your system can handle it, a resolution of 1024 x 768 is optimal. Note, though, that as you increase resolution to see more detail, you may notice a decrease in performance. Experiment with different resolutions to find the best combination of detail and performance for your system. For more information about adjusting the screen resolution on your computer, on the Windows Start menu, click Help, and look up “resolution” in the index.

» Change display options
  One way to improve performance is to change the display options in Train Simulator. Do this by clicking Options on the Home screen. If you are driving, first exit the Activity by pressing ESC and then choosing Exit Activity from the menu that appears.

» Change sound options
  Depending on your machine, changing sound options may improve performance. To change sound options, click the Sound tab on the Options screen. If you are driving, first exit the Activity by pressing ESC and then choosing Exit Activity from the menu that appears.

» Monitor the frame rate
  Monitoring the frame rate (the number of times the screen is redrawn each second) is an easy way to assess performance. Press SHIFT+Z to display the frame-rate counter. After you’ve tried the options listed above, check the frame rate to see whether it has improved. But remember: it’s how the simulation looks and feels to you that matters most.

» Experiment!
  The best way to make Train Simulator really fly down the track is to experiment. Keep testing the performance against the graphic and sound settings to get the configuration that works for you. Don’t forget to read the Readme file for additional tips.
TRAIN SIMULATOR QUICK START

To get the most out of Microsoft Train Simulator it’s best to prepare. Our recommendation is that you:

1. Read the rest of this Engineer’s Handbook.
2. Take the Introductory Train Ride (click the button from the Home screen).
3. Go through the onscreen Tutorials (click the button from the Home screen).

But if you can’t wait to get into the cab of your favorite locomotive, here are the bare essentials to get you driving quickly.

To get started quickly

1. Install and start Microsoft Train Simulator using the instructions at the beginning of this chapter.
2. When you see the Home screen, click Drive a Train.
3. Select a route from the Routes list that appears.

A description of the selected route displays. If you’re not sure which route to pick, the following table shows the highlights, and Chapter 11, The Routes, has even more detail.

<table>
<thead>
<tr>
<th>Route</th>
<th>Location</th>
<th>Length</th>
<th>Highlights</th>
</tr>
</thead>
<tbody>
<tr>
<td>Northeast Corridor</td>
<td>Eastern United States seaboard</td>
<td>133 miles (214 km)</td>
<td>High-speed inter-urban corridor linking major U.S. cities</td>
</tr>
<tr>
<td>Marias Pass</td>
<td>Montana, United States</td>
<td>152 miles (245 km)</td>
<td>Steep grades, beautiful Rocky Mountain scenery</td>
</tr>
<tr>
<td>Tokyo-Hakone</td>
<td>Tokyo region, Japan</td>
<td>55 miles (88 km)</td>
<td>High-speed urban corridor leading to countryside near Mt. Fuji</td>
</tr>
<tr>
<td>Hisatsu line</td>
<td>Southwestern Japan, island of Kyushu</td>
<td>53 miles (86 km)</td>
<td>Historic and scenic Japanese route</td>
</tr>
<tr>
<td>Innsbruck–St. Anton</td>
<td>Tyrolean region of Austria</td>
<td>63 miles (101 km)</td>
<td>1920s-era Orient-Express route through the Alps</td>
</tr>
<tr>
<td>Settle &amp; Carlisle line</td>
<td>Northwest England</td>
<td>72 miles (116 km)</td>
<td>1920s-era rural route featuring famous Flying Scotsman</td>
</tr>
</tbody>
</table>
4. Select an Activity from the Activities list.

If you just want to get the feel of driving the train, select the Explore the Route Activity. You won’t have to follow any rules, and you can move the switches to explore any stretch of track that strikes your fancy. You can select the locomotive you want here, too.

If you select any other Activity, a description explains what your assignment is. The Activity ends when you’ve completed your assignment, and you’ll get feedback on how you did. You might want to have a look at Chapter 9, Operations, before you operate a train.

5. Click the Start button in the lower-right corner of the screen, and go!

For more information on operating locomotives see the How to Drive… Steam, Diesel and Electric locomotive chapters.

**KEYBOARD AND MOUSE COMMANDS**

You’ll find a list of important key commands in the online Help, on the Key Commands tab of the Operations Notebook (press F11), and on the Quick Reference Card included in the Microsoft Train Simulator box. These commands help you perform such tasks as operating locomotive controls, changing Views, displaying Driving Aids, and so on.
The Home Screen is the point of departure for all of your Microsoft® Train Simulator adventures. This is where you can decide whether you’re going to drive or ride, race down the track for fun or with purpose, arrange your settings, and more.
HOME SCREEN OPTIONS

From the Home Screen you can:

➤ Sit back and just ride a train so you can get the feel of the trains and the routes.
➤ Take a tutorial to familiarize yourself with the controls of each type of locomotive.
➤ Operate your own train, with your choice of locomotive, route, weather, and so on.
➤ Change your settings for best performance on your computer’s system.

Below are the details of the Home Screen options.

INTRODUCTORY TRAIN RIDE

When you choose Introductory Train Ride, Train Simulator takes the controls. Sit back and watch while Train Simulator does the driving, shifting views as you travel. This is a great way to familiarize you with the routes and you’ll hear a brief commentary as you ride.

To take an introductory train ride
2. Choose a route.
3. Select the options you want.
   ➤ Change Views: By default, you see a new view every 30 seconds or so, so that you can watch your train from several different angles. Or you can select a particular view by pressing the desired View key (the number keys 1 through 5). If you’d rather be able to choose the view you want and stay in that view, deselect Change Views. (For more information on views, see the “Using Views” section in Chapter 4, Tools for Driving.)
4. Begin the introductory train ride by clicking Start.

The introductory train ride ends automatically when the train reaches the end of its route. To end the introductory train ride and return to the Home screen, press ESC.

TUTORIALS

The Train Simulator Tutorials can teach you the skills to become an expert engineer. They also include tips for safe, speedy, and efficient train operation, and cautions about railroading hazards and errors.
To select a Tutorial
1. On the Home screen, click Tutorials.
2. Select an electric, diesel, or steam lesson.

**Note:** It’s a good idea to do the lessons in the order they’re presented.
3. Click Start.

**DRIVE A TRAIN**

When you’ve completed the tutorials, you’ll be ready for the challenge of driving one of the Train Simulator locomotives, with your choice of settings, routes, and types of service.

To drive the trains
1. On the Home screen, choose Drive a Train.
   The Route and Activity screen appears.
2. Choose the route you wish to drive.
   The list of Activities changes depending on what route you choose.
3. Choose an Activity.
   If you choose the Activity named “Explore the Route,” you can select the locomotive, weather, time of day, and so on. Then you can drive the route without any rules, switching the tracks yourself to go where you please.
   If you choose any other Activity, you will have an assignment to complete, and all the conditions (such as locomotive, weather, and so on) are pre-determined. There will be other traffic on the line, and you need to follow the rules of the railroad.
4. Click Start.

For more information about selecting and completing Activities, see Chapter 10, The Activities.

**CONTINUE SAVED ACTIVITY**

Any time you exit an Activity without completing it, you have the option to save the Activity. You can resume any saved Activity.

To resume a saved Activity
1. On the Home screen, choose Continue Saved Activity.
2. From the Saved Activities list, choose the one you want.

For more information about saving and resuming Activities, see the online Help by pressing the F1 key.
**Note:** If you want to save the Activity without interrupting your run, just press the “Quick Save” key (F2). Quick-saving is a smart thing to do every now and then. If you make a mistake (such as lose control of the train while going down a hill), you can re-start at the point where you last Quick-saved instead of having to start the entire Activity again from the beginning.

### OPTIONS

To get the best performance with your system, you may want to adjust some of the Train Simulator options.

**To change your Train Simulator options**

1. On the Home screen, choose **Options**.

2. On the Options screen, choose from the following tabs:
   - General
   - Keyboard
   - Sound
   - Display
   - Advanced Display

3. Change the options as desired.

4. To save your options and exit from the Options screen, click **Save**.
   
   Since the Options button is on every screen (before you begin driving), you will be returned to the screen from which you selected the Options button.
   
   –or–
   
   To undo changes and return to the default Train Simulator settings, click **Restore Defaults**.

For more information about Train Simulator settings and how to get the best system performance, see the online Help by pressing the F1 key.

### GETTING HELP

Pause your mouse over any item on any screen and see a helpful tip at the bottom of the screen. For complete instructions on using any screen, click **Help** at the top of the screen or press F1.

See Chapter 3, **Finding Information**, for more tips on getting assistance.
You can get great information and assistance in many places in Microsoft® Train Simulator, so you can spend more time driving trains—and less time figuring out how. This chapter helps you find the information you’re looking for.
THE ENGINEER'S HANDBOOK

This Engineer's Handbook gives you an overview of Train Simulator with tips and instruction about railroading, the locomotives, and the routes. Think of this Handbook as the view from 30,000 feet—for detailed procedures and specifications, use the in-game Train Simulator Help.

TRAIN SIMULATOR HELP

Want to learn about Train Simulator commands and procedures? Train Simulator locomotives? Railroad terminology? Look in Train Simulator Help, which you can access by pressing the F1 key or clicking the Help button in the upper-right corner of the pre-driving screens.

HELP WHILE YOU'RE DRIVING

In addition to the Train Simulator Help system, you can get helpful information as you're operating a train.

<table>
<thead>
<tr>
<th>Rollover Help</th>
<th>Pause your mouse over any item on any screen and a helpful tip appears at the bottom of the screen.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Labels</td>
<td>Place your mouse pointer over a control or instrument and its identification label appears. If the Controls and Gauges Display is turned on, a description of that control appears as well.</td>
</tr>
<tr>
<td>Controls &amp; Gauges Display</td>
<td>Place your mouse pointer over a control or instrument and its name, function, and setting appears in a small box. If the display is turned off, only the name appears.</td>
</tr>
<tr>
<td>Driving Aids</td>
<td>There are a number of driving aids that give you information you need to operate your locomotive safely and efficiently. For example, the Track Monitor shows you signals, speed limits, and so on. For more information about the driving aids, see Chapter 4, Tools for Driving.</td>
</tr>
<tr>
<td>Operations Notebook</td>
<td>The Operations Notebook contains all the data you need to complete an Activity. You’ll find your Activity Briefing, a list of key commands, procedures for operating your locomotive, and a summary of your progress on the Activity. For more information about the Operations Notebook, see Chapter 9, Operations.</td>
</tr>
</tbody>
</table>
FURTHER INFORMATION AND ASSISTANCE

On the Train Simulator Web site you can find news, tips, articles, reference material, and links to other interesting simulation and railroading sites. The Train Simulator Web site is located at http://www.microsoft.com/games/trainsim

The Train Simulator Readme file contains late-breaking information about Train Simulator. It’s a good idea to read the Readme file to check for any known compatibility problems with hardware you’re using. You can find the Readme file in the folder where you installed Train Simulator on your hard disk drive.

If you’re having problems running Train Simulator, you can contact Microsoft Technical Support using the information in the Technical Support topic in online Help.

Graphics Troubleshooting: To solve certain kinds of graphics issues you can use the Launcher, located in the directory where you installed Train Simulator:

1. Double-click Launcher.exe
2. Choose Troubleshooting from the menu that appears.
In the real world of trains you can feel the wind on your face and the cars move from side to side. In Microsoft® Train Simulator, since you won’t have such cues, we give you a few tools to help you get your bearings. The driving aids, Realism Options, and various Views are designed to do this. You can also use these tools to perform tasks from outside the cab—you don’t have to actually be sitting in the cab of the train to drive it.
USING VIEWS

You can use the keyboard to get all kinds of visual angles of the train—both internal and external.

Use the ARROW keys to look left, right, up or down, to pan or to zoom. Add SHIFT to pan or zoom quickly.

Note: All key commands referred to in this chapter are used on the main part of the keyboard, not on the numeric keypad.

Cab view (1 key): The view from inside the cab. In steam trains, you can also “stick your head out” of the open sides of the train. To stick your head out the window (forward), use the UP ARROW. To stick your head out the window (backward), use the DOWN ARROW.

External view 1 (2 key): This view begins at the lead locomotive, but you can move the view along the train.

- To zoom in or out, press the UP or DOWN ARROW keys.
- To rotate the view, press LEFT or RIGHT ARROW keys.
- To raise or lower the view, press CTRL+UP ARROW or CTRL+DOWN ARROW.
- To center the view on another car, press CTRL+LEFT ARROW or CTRL+RIGHT ARROW.

External view 2 (3 key): This view begins at the rear of the train, but you can move the view along the train.

Trackside view (4 key): This view puts you in the role of an onlooker watching the train from the trackside. As the train passes you, your point of view jumps automatically to a new point down the track where the train is once again approaching you. Press the 4 key again for a different trackside view.

Passenger view (5 key): Look inside a passenger car from the point of view of a seated passenger. Use the ARROW keys or hold down your right mouse button and drag the cursor to look around.

Coupler view (6 key): This is a good view for focusing on the front or rear coupler of the train during the coupling process. You can also see the distance between the train and the unit you’re coupling to. Use UP and DOWN arrows to zoom in and out.

Yard view (7 key): A view looking directly downward from high above your train. Use this view in freight yards.

For a complete list of all the view commands, see the Quick Reference Card, the Key Commands tab of the Operations Notebook (press F11) or the online Help (press F1).
THE REALISM OPTIONS

Realism Options make your train experience more—or less—realistic. With some of the Realism Options, you don’t have to worry about every single one of the requirements of operating a train. With other Realism Options you can heighten your experience by setting the options closer to those of a real train.

To turn Realism Options on or off

While driving, use the key command (given below).

– or –
1. Before driving, from any screen, click Options.
2. Click the General tab.
3. In the Realism section, make your selections.
4. Click Save.

Below are the Realism Options and their key commands.

Simple Controls
With Simple Controls you can control the movement of the train with only three key commands:

D key=Increase power
A key=Decrease power
S key=Change direction

Some of the standard controls necessary to completing an Activity still work even if you use the Simple Controls feature. For example, the Train Operations window still functions, and you can still blow your whistle or horn. But some of the other tasks are handled automatically.

Derailments
If you select this option, your train will derail in the same circumstances it would in the real world, for instance if you take a curve too fast. If you don’t select this option, your train will never derail. Select or clear this option from the General tab of the Options screen.

Alerter
Some of the locomotives in Train Simulator have Alerters, which make sure that the engineer remains awake and alert while driving. The Alerter sounds an alarm if the train’s controls are not operated during a 25-second period. The engineer must respond to this alarm within 15 seconds or the brakes are applied and the power shuts down (electric trains only), bringing the train to a halt.

You can turn the Alerter feature OFF if you wish. Select or clear this option from the General tab of the Options screen.
Automatic Fireman (steam trains)

The computer-controlled fireman attempts to keep the boiler at a high pressure at all times, in order to respond to any unforeseen demands from you, the engineer. But this is not very efficient in terms of fuel and water usage, so you may want to take over the role yourself. To take over the fireman’s role, turn the Fireman feature OFF at the General tab of the Options screen.

THE DRIVING AIDS

Driving aids help you figure out your next move or see what your progress is so far. You can toggle them on or off.

To turn driving aids on or off

While driving, use the key command (listed below) for the driving aid you want.

–or–

1. From any screen, click Options.
2. Click the General tab.
3. In the Driving Aids section, make your selections.
4. Click Save.

Note: You can drag the driving aids windows around the screen with your mouse. Once you position a window, the window returns to that same location if you close it and then open it again.

Controls and Gauges driving aid (F3)

As you move your mouse pointer over a control or instrument, the name and an explanation of its function and what it is doing at the moment appears in a small box. If the box is turned off, a short label appears to tell you the name of the control or instrument.

Track Monitor (F4)

The Track Monitor shows the next 3 miles (5 kilometers) of track in front of you.

Heads Up Display (HUD) (F5)

The Heads Up Display (HUD) shows important information that you can use to drive the train from any view. It’s particularly useful when you’re not in Cab view, but you may find that its digital display of crucial information so useful that you want to display it in Cab view too.

Cycle station/siding names (F8)

You can view the names of the stations with this feature. This is useful for slowing and stopping operations.
Cycle car numbers (F7)
You can view a train’s car number. This is useful for coupling.

Switching driving aid (F8)
The Switching driving aid displays the status of both the switch immediately in front of the train and the switch immediately behind the train. If these switches are not under the control of the dispatcher, you can set either switch by clicking one of the arrows in the Switching driving aid or by pressing the G key (front switch) or SHIFT+G (rear switch).

Next Station Display (F10)
During a passenger run you are required to keep to a Timetable. The Next Station Display helps you out by showing your scheduled arrival and departure time for the next station on your route. After you arrive at a station, your actual times are tracked and displayed next to the scheduled times.

The Next Station Display shows the current time of day and the distance remaining until the next scheduled stop.

---

Note: You reach 0 (zero) distance when your train reaches the end of the platform, which is usually not the optimal location for passenger dropoff. The ideal stopping location depends on the size of your train; the locomotive/power car may have to be stopped beyond the platform.

The Next Station Display shows only the station you are at (or have just departed from) and the next upcoming station; the full Timetable is available in the Operations Notebook (F11).

When you begin loading and unloading passengers (press the ENTER key to do this), watch the Loading Time display to see how quickly passengers are getting on and off the train. The loading time is longer if any passenger cars are not next to the platform during loading and unloading.

Loading Time is based on the train’s location and the number of passengers at the station. When you press the ENTER key, the Loading Time starts counting down. When the Loading Time reaches 0, you must wait for the “OK to proceed” whistle, buzzer, or radio message before you depart. Moving the train before you receive permission is considered an early departure, and is logged as an infraction in the Activity Evaluation.

---

Note: You don’t actually see passengers loading and unloading. The Next Station Display driving aid displays your only indication of the passenger loading and unloading process.

Hiding all driving aids (F12)
To close all your driving aids windows at once, press F12. This is useful if you want an unobstructed view of all the controls in your cab, without having to close the windows one at a time.
THE OPERATIONS NOTEBOOK

The Operations Notebook is a great tool to use when you want to complete an Activity. To display it at any time, just press F11. There are six tabs:

<table>
<thead>
<tr>
<th>Tab</th>
<th>Contents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Briefing</td>
<td>A detailed description of your assignment.</td>
</tr>
<tr>
<td>Timetable</td>
<td>The schedule you must follow in the current Activity. Most freight Activities don’t have timetables.</td>
</tr>
<tr>
<td>Work Order</td>
<td>A list of tasks to perform during the current Activity. Most passenger Activities don’t have work orders.</td>
</tr>
<tr>
<td>Evaluation</td>
<td>A summary of your performance in the Activity so far.</td>
</tr>
<tr>
<td>Procedures</td>
<td>Operating instructions for the current locomotive.</td>
</tr>
<tr>
<td>Key Commands</td>
<td>The complete list of keyboard commands for the type of train (steam, diesel, or electric) that you’re driving.</td>
</tr>
</tbody>
</table>

To navigate from tab to tab, simply click a tab with the mouse.

To close the Operations Notebook, press F11 again, or click the X in the upper-right corner.

To learn more about using the Operations Notebook, see the onscreen Help (press F1).

THE TRAIN OPERATIONS WINDOW

You set and release hand brakes, monitor fuel consumption, and perform coupling operations using the Train Operations window. Press F9 to open the window.

HEADS UP DISPLAY (HUD)

This display provides all the essential information to drive the train from any view. (Cycle F5)
Before you start barreling down the track, we recommend you learn the basics of operating one of the three types of locomotives in Microsoft® Train Simulator. These trains are modeled so closely on real trains that the challenges are significant, and a little preparation can go a long way.
THREE TYPES OF LOCOMOTIVES

You can drive three types of locomotives in Train Simulator: steam, electric, and diesel.

Steam locomotives

*Flying Scotsman* and the Gölsdorf 380 are steam locomotives, fueled by coal.

You can burn almost anything in a steam locomotive, but engines are typically designed to burn a particular type of fuel, such as coal, wood, or oil. The fuel is used to heat water, creating the steam that powers the locomotive. While steam engines were the transportation of choice in the 19th century and early 20th century, they were largely supplanted by the more efficient diesel locomotive.

Electric locomotives

The Amtrak® AcelaSM Express power car, AcelaSM HHP-8, the 2000 Series, and the 7000 LSE Series are electric locomotives, powered by electricity supplied from overhead power lines, also known as catenary.

Electric locomotives use electricity to turn the wheels. The motors are very efficient, fast, reliable, clean, and cheap to operate, but they require an electrified third rail or overhead electric lines, which are expensive to install and maintain over long distances. Electric locomotives work particularly well for commuter services, where high speeds and quick acceleration are important.

Diesel locomotives

The Dash 9, GP38-2, and KIHA 31 are diesel locomotives, powered by diesel fuel.

Diesel engines use diesel fuel to power the train. They replaced steam locomotives for long-haul heavy freight operations because they are cheaper to buy, operate, and maintain. Unlike steam locomotives, diesel locomotives can be coupled together and operated by one crew in the lead locomotive, allowing efficient hauling of heavy loads over long distances. (When locomotives are coupled together in this fashion, they are said to be in a “multiple-unit” consist, or “MUed together.”)

GENERAL REQUIREMENTS FOR TRAIN HANDLING

Proper train handling is all about safety and efficiency. To successfully operate a train, you must use the right combination of the throttle and brakes to:

- Protect yourself and others from injury.
- Protect your cargo.
- Prevent damage to the track structure and equipment.
- Use fuel efficiently.
- Meet your schedule.
TERMS TO KNOW

You’ll need to understand the following terms and concepts in order to operate the locomotive of your choice.

**Tractive effort**: Tractive effort is a measure of how much pulling power a locomotive has—it is the total power the locomotive can exert before the wheels start to slip or the locomotive “stalls” from excessive resistance. The maximum tractive effort that a locomotive can exert is equal to the weight on the driving wheels multiplied by the ability of the wheels to grip the rails (defined as the coefficient of adhesion, usually around 20%).

Because tractive effort is increased in proportion to total locomotive weight, locomotives are intentionally made to be extremely heavy.

**Wheelslip**: Wheelslip occurs when the amount of force applied to the wheels is greater than the ability of the wheels to grip the rails. When wheelslip happens in modern locomotives, it is detected and corrected automatically; in Train Simulator locomotives you can apply sand to the track manually to increase friction.

**Couplers**: Trains consist of individual cars strung together with couplers. In freight trains the couplers have a certain amount of “play” in them, allowing two cars to come close together and move apart as the train moves down the track. This helps the locomotive pull the train over varying terrain.

**In-train forces**: The amount of play in the couplers is called “slack”—changes in the slack between cars are called in-train forces. The engineer keeps these forces foremost in mind when accelerating, decelerating, braking, cornering, and making changes in grade. In fact, you could say that the freight engineer’s main job is to manage the slack in the train.

**Run-in force, run-out force**: The two main in-train forces are run-in force (also known as “buff force”) and run-out force (also known as “draft force”).

- Run-in force is the impact force two cars make as they move together. Excessive run-in force can damage the equipment as the cars impact each other, and even derail the train if the impact is severe enough.

- Run-out force is the pulling force as slack stretches out and the cars move farther apart to the maximum tension between their couplers. Excessive run-out force can break a coupler or drawbar (the metal arm connecting the coupler to the car).

In some cases, a long train can actually be easier to run than a short train because the forces acting on different parts of the train can cancel each other out. The rear of the train may still be going uphill when the front of the train is going downhill, neutralizing the forces acting on the train.
SLOWING AND STOPPING THE TRAIN

It’s essential to understand braking in railroad operations, as there are many different types of brakes. Both locomotives and individual cars need them. These brakes are divided into two categories: train brakes and locomotive brakes.

Modern air brake systems use electronics and brake computers to control the application and release of brakes, but the basic system of brake pipes, air compressors, and air reservoirs is essentially the same.

Train brakes

The train brakes function on the entire train—they can be applied to all cars in the train, including the locomotive. Since the early days of railroading, train brakes have been designed to work automatically in case of emergency, such as when cars accidentally uncouple from the locomotive. You will often see train brakes referred to as automatic brakes.

Air brakes: With the exception of the steam locomotive Flying Scotsman, all of the locomotives in Train Simulator use air brakes, which are also referred to as pneumatic brakes.

Traditional air brakes use changes in air pressure to control the application and release of the brakes. The brake pipe holds air under pressure. To slow or stop the train, the engineer lowers the pressure in the brake pipe, which signals the brakes in the cars to activate.
In an air brake system, the force of air pressure in the brake cylinder presses the brake pad against the wheels, slowing the train.

A system of air reservoirs in each car, connected by a brake pipe that runs the length of the train, are filled by the main compressor located on the locomotive. The important thing to remember when operating an air brake system is that you reduce the brake pipe pressure to increase the brake cylinder pressure, which applies the brakes.

Over the years, there have been many modifications to the traditional air brake system, particularly the addition of electrical switches and computers to control air flow. The locomotives modeled in Train Simulator use a variety of systems. See the online Help (press F1) for instructions on using the brakes on the locomotive you are operating.

**Vacuum brakes:** *Flying Scotsman* uses vacuum brakes. A vacuum brake system is essentially the opposite of an air brake system. Steam-powered ejectors create a vacuum in the brake pipe and brake cylinder. When the vacuum brake handle is set to apply brakes, air moves into the brake pipe and reduces the vacuum on one side of the brake piston. With this pressure change, the movement of the piston causes the brake shoes to be applied to the wheels.
Locomotive brakes
The locomotive brakes function only on the locomotive. There are several types of locomotive brakes:

Independent brakes: Independent brakes are applied only on the locomotive. The locomotive can use these brakes when it is operating light, that is, without being coupled to cars. When the locomotive is coupled to cars, the locomotive brakes can be applied and released independently of the train brakes. Most locomotives use air brakes, although steam locomotives often use steam-powered brakes.

Dynamic brakes: Electric and diesel-electric locomotives are also equipped with dynamic brakes, which use the traction motors that normally drive the train to convert the moving train's energy into electricity. In electric locomotives, this electricity can be returned to the catenary (called regenerative braking), while diesel-electric locomotives dissipate the electricity into the air as heat (rheostatic braking), using large resistor grids on the roof of the locomotive. Dynamic brakes don't cause wear on the brake shoes.

Engine brakes: The KIHA 31 has an engine brake instead of a dynamic brake. Engine brakes slow the train by using the train's momentum to turn the engine's crankshaft. You use a similar principle in your automobile when you put the transmission into low gear to descend a hill.

UNITS OF MEASURE
The displays and gauges in Train Simulator locomotives use the same units of measure as their real-world counterparts. You can use the following table to convert the units into the standard you are most familiar with, or to compare values for two locomotives.

<table>
<thead>
<tr>
<th>Pressure</th>
<th>PSI</th>
<th>Kg/cm²</th>
<th>Inches Hg</th>
<th>Bar</th>
<th>kPa</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 pound per square inch (psi) is equal to</td>
<td>1</td>
<td>0.07</td>
<td>2.04</td>
<td>0.068</td>
<td>6.89</td>
</tr>
<tr>
<td>1 kilogram per centimeter squared is equal to</td>
<td>14.2</td>
<td>1</td>
<td>29.04</td>
<td>0.98</td>
<td>98</td>
</tr>
<tr>
<td>(Hg) at 60° F is equal to</td>
<td>0.49</td>
<td>0.03</td>
<td>1</td>
<td>0.03</td>
<td>3.38</td>
</tr>
<tr>
<td>1 bar is equal to</td>
<td>14.5</td>
<td>1.02</td>
<td>29.6</td>
<td>1</td>
<td>100</td>
</tr>
<tr>
<td>1 kilopascal (kPa)</td>
<td>0.145</td>
<td>0.01</td>
<td>0.296</td>
<td>.01</td>
<td>1</td>
</tr>
</tbody>
</table>
### Speed

<table>
<thead>
<tr>
<th>mph</th>
<th>km/h</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 mile per hour (mph) is equal to</td>
<td>1</td>
</tr>
<tr>
<td>1 kilometer per hour (km/h) is equal to</td>
<td>0.62</td>
</tr>
</tbody>
</table>
This chapter covers the basic operations of steam locomotives in general, and descriptions of the Microsoft® Train Simulator versions of *Flying Scotsman* and the Gölsdorf Series 380 locomotives in particular. The locomotives’ specifications appear after the general description of the trains modeled in the simulation.
WHAT IS A STEAM LOCOMOTIVE?

Note: The terminology used throughout this Engineer's Handbook is American English. See the Sidebar for some differences in American and British terminology.

The simplest explanation of the operation of a steam engine is that the fireman creates steam and the engineer uses the steam to move the train. The fireman and the engineer are a team; they must cooperate closely to maintain the safe and efficient operation of the locomotive. The conductor is charged with the safety of the train and its passengers or freight, and its adherence to the rules of the railroad.

The first steam locomotive was built by British engineer Richard Trevithick in 1804. By the mid-1830s, steam engines largely replaced horses for pulling loads along the railways of Britain. By the end of the century, steam locomotives had completely transformed the landscapes and economies of the industrializing nations.

In Train Simulator, you are the engineer. You can choose to perform the duties of the fireman, too, or you can delegate that task to the computer, which performs the fireman’s task, but not as well as you can. The role of the conductor is handled by the computer.

**Terminology differences**

<table>
<thead>
<tr>
<th>U.S.</th>
<th>U.K.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Engineer</td>
<td>Engine driver, driver</td>
</tr>
<tr>
<td>Conductor</td>
<td>Guard</td>
</tr>
<tr>
<td>Freight Car</td>
<td>Wagon</td>
</tr>
<tr>
<td>Passenger Coach</td>
<td>Carriage</td>
</tr>
<tr>
<td>Freight train</td>
<td>Goods train</td>
</tr>
<tr>
<td>Consist</td>
<td>Rake</td>
</tr>
<tr>
<td>Switch</td>
<td>Points</td>
</tr>
<tr>
<td>Exhaust Stack</td>
<td>Chimney</td>
</tr>
</tbody>
</table>
Note: All of the steam locomotive Activities in Train Simulator feature passenger trains. However, you can use the Activity Editor to create Activities that use steam locomotives to pull freight trains. For more information about Activities, see Chapter 10, The Activities. For more information about the Activity Editor, see Chapter 12, Editors and Tools.

USING THE LOCOMOTIVE CONTROLS

These are the descriptions of the various controls and gauges you will find on a Train Simulator steam locomotive. For more information and details see the online Help (press F1).

Engineer’s controls

Steam Pressure Gauge: The Steam Pressure Gauge shows the pressure of the steam in the boiler. The gauge reads in pounds per square inch (psi), kilograms per centimeter squared (kg/cm²), or bars. If the steam pressure is too high, you are in danger of an explosion. If the steam pressure is too low, you won’t be able to generate sufficient force to move the train.

See the conversion table in Chapter 5, Train Basics, for more information about pressure unit conversion.

Steam Chest Pressure Gauge: The Steam Chest Pressure Gauge shows the pressure of the steam in the cylinders. The pressure is directly controlled by the Regulator.

Regulator: The Regulator (throttle) controls how much steam the boiler releases to the cylinders. Open the Regulator to increase speed and power. Close the Regulator in time to stop the train at the desired location with minimal application of brakes.

Reverser: The Reverser is used to move the locomotive forwards or backwards. Use the Reverser lever to set the duration of the piston stroke during which steam enters the cylinders. The duration, known as the cutoff, is expressed as a number (steam admitted for a percentage of the piston stroke). As the Reverser setting is moved towards 0, the engine becomes more efficient, but the force it develops drops.

The Reverser is similar to the transmission of an automobile engine. When starting and stopping the train, use the Reverser in its full open position (similar to a low gear). As the train gains momentum, move the Reverser setting back to 0 (zero), limiting the duration of the piston stroke in which steam is entering the cylinders, and thereby using the steam more efficiently (similar to a high gear).

Brake Handle: The Brake Handle applies and releases the brakes. Flying Scotsman uses a vacuum brake system, while the 380 uses an air brake system.

Brake Gauge: The brake gauge displays the pressure in the brake system.
**Cylinder Cocks:** The cylinder cocks can be opened to allow steam that has condensed into water to escape from the cylinders after the locomotive has been left standing. Water must be drained from the cylinders because it is uncompressible and can blow out the seals of the cylinder if pressurized by the pistons. When the train is in motion, the cocks should be closed, since steam can escape through them. Also, the lubrication system does not work efficiently with the cocks open.

**Sanders:** Use the sanders to blow sand onto the track to increase traction. This helps you get a better grip on the track when starting the train and on steep grades and wet track. There is a limited amount of sand on the locomotive.

**Speedometer:** The speedometer shows your speed in miles or kilometers per hour, depending on the locomotive. In the 1920s, many steam locomotives did not have speedometers, but Train Simulator includes them to help you operate the locomotives.

**Steam Heat Pressure Valve:** With this valve you can shunt some steam into the steam heat line to heat the passenger cars. It must be adjusted to suit the train length and pressure you want to deliver.

**Steam Heat Pressure Gauge:** When you are running a passenger train in cold temperatures, you will use some of the steam to generate heat for the passenger cars. The Steam Heat Pressure Gauge shows you how much steam you are using for this function. The longer the train, the more steam this function uses. Steam heating can have a significant impact on the demands placed on the boiler.

You are never required to use steam heat for passenger cars in Train Simulator, but you can if you want to make your run more realistic.

**Whistle:** Sound the whistle to warn passersby of your approach. For a more realistic experience, use the proper whistle sequence. See the “Bells, Horns, Lights, and Whistles” section in Chapter 9, Operations, for more information about specific whistle codes.

**Headlights:** You should keep the headlights on during regular operation. In Train Simulator, whenever the headlights are turned on, the rear lights are illuminated, too.

For more information see the “Bells, Whistles, Horns, and Lights” section in Chapter 9, Operations.

**Fireman’s controls**

**Note:** You can delegate the role of the fireman to the computer, by choosing the Automatic Fireman option from the General tab of the Options screen.

**Exhaust Stack:** Watch the smoke coming out of the exhaust stack to gauge how efficient your fireman’s efforts are. Clear or very light gray smoke is ideal. Black smoke indicates that the coal is not being effectively burned—this is like throwing the coal off the train rather than into the firebox! White smoke indicates that there is too much air passing through the firebox or that the fire is too cold.
Dampers: The dampers are the primary control of airflow to the firebox, and therefore the amount of heat given off by the fire. Open the damper doors to add air and increase heat; close the damper doors to reduce air and lower the heat level. You may end up leaving the damper doors open for the entire journey.

Blower: The blower keeps exhaust gases moving through the exhaust stack, causing a vacuum that draws air through the firebox. Use the blower when there is not sufficient natural draft flowing through the firebox to keep the fire hot. This might occur when the locomotive is standing, coasting, or under very low power. You can also turn on the blower to raise steam quickly, since the increased airflow helps the fire burn hotter and makes the combustion more efficient.

Firebox Doors: Open the firebox door when you need to add coal to the firebox, or when you need a secondary air source for the fire. Opening the firebox door is not as effective as opening the dampers in making a hotter fire, but can be helpful for adding some extra oxygen.

Shovel and Firebox: Add the proper amount of coal to the firebox to keep the fire at the desired heat level. There is an art to adding coal to the fire in the right amounts and at the right times. Too much coal on the fire may suffocate the fire; too little coal will not produce enough heat to raise steam. Remember to add coal and allow the fire to heat up before injecting additional water into the boiler, since adding cool water also has a cooling effect. Also note that it’s bad form to add coal to the firebox when in a station; it produces too much smoke.

To manage the fire well you need to be familiar with the locomotive and plan ahead by at least 10 minutes. On the Scotsman, planning 20 to 25 minutes ahead is a good idea.

Boiler Water Gauge: The Boiler Water Gauge shows the water level in the boiler. The level shown is affected by circumstances that can cause the water level to shift, such as a grade or changes in speed.

Injectors: Because the water in the boiler is constantly being converted to steam to power the train, injectors are used to move water from the tender into the boiler. Because the injectors use steam to move the water, and because cool water from the tender cools the water in the boiler, try to plan ahead so that you don’t need to use the injectors when the locomotive needs a lot of steam power to move the train.

On mainline locomotives such as Flying Scotsman, it is common to leave one injector on most of the time and use the second as required. The locomotives are designed with this in mind. Under medium power demands, one injector should be enough.

Tender Water Gauge: The Tender Water Gauge indicates the water level in the tender. If the water level is low, refill the tender’s water supply at a water tower. In the real world, the Tender Water Gauge is located on the tender, but in Train Simulator it is located on the front cab panel, next to the Boiler Water Gauge.

Water Scoop: The Water Scoop is used to add water to the tender when passing over water troughs placed between the rails.
OPERATING A STEAM LOCOMOTIVE

In Train Simulator, the steam engine has been thoroughly checked, lubricated, and fired up for you when you take the controls.

Moving the train
1. Double-check the boiler water level using the Boiler Water Gauge. Note that the Boiler Water Gauge is a sight glass (water tube).
2. Make sure the Reverser is set to 0 (zero) cutoff, the Regulator is closed, and the cylinder cocks are open.

**Important:** You must open the cylinder cocks if the locomotive has been standing for any length of time. Be sure to close the cocks when the cylinders have been drained (after five or six piston strokes).

3. Set the Reverser for forward motion—as far forward as you can.
4. Make sure that you do not have any Stop signals that apply to you.
5. Await the “OK to proceed” whistle from the conductor.
6. Slowly open the Regulator.
7. Release the brakes.
8. Continue to open the Regulator, watching the Steam Chest Pressure Gauge to judge the force being developed by the engine. If the wheels start to slip, reduce the Regulator and consider sanding.
9. After five or six strokes of the cylinders, close the cylinder cocks.
10. As you accelerate, slowly reduce the cutoff, then adjust the Regulator to maintain the desired speed.

Going uphill
You may need to move the Reverser further towards Forward, and fully open the Regulator, to supply greater power output to climb the hill.

Going downhill
If the grade is sufficient, you can close the Regulator and reduce the Reverser towards 0 (zero) in order to save fuel.

Keep an eye on the water level in the boiler, but be aware that you get false readings on the water level gauges as the boiler tilts with the hill. The water level gauge reads lower than the actual amount of water in the boiler. It’s important that the water level be sufficient to keep the top of the firebox covered even when the boiler is tilted on a slope.
Stopping a train

The amount of braking required to stop the train depends on the train’s speed and weight, the locomotive’s braking power, and the grade of the track. Take these factors into consideration when planning a stop.

As you approach the stopping point, close the Regulator. Apply light brake pressure to take up the slack in the train if your train contains cars with couplers that have slack action (such as freight cars). Then apply as much brake as necessary to stop the train.

The length of time required to recharge the brake system varies with the available boiler pressure and the length of the train.

TROUBLESHOOTING

<table>
<thead>
<tr>
<th>Problem:</th>
<th>Blowing off</th>
</tr>
</thead>
<tbody>
<tr>
<td>What it means:</td>
<td>Each locomotive has a maximum pressure, called the working pressure, measured in pounds per square inch (psi) or kilograms per centimeter squared (kg/cm²). If the boiler develops more pressure than the working pressure upper limit, safety valves open automatically to blow off excess steam. This is an inefficient use of coal and water, and is particularly unwelcome when standing at a station, as “blowing off” is very noisy and the mist can dampen passengers and cargo.</td>
</tr>
<tr>
<td>How to diagnose:</td>
<td>You see and hear steam being released from the safety valve.</td>
</tr>
<tr>
<td>How to avoid:</td>
<td>Know your route and plan ahead so that you’re not creating steam you don’t need. In particular, back off on firing before periods of reduced steam usage, such as during extended stops.</td>
</tr>
<tr>
<td>What to do:</td>
<td>The safety valves do most of the work for you by venting the excess steam and lowering the pressure.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Problem:</th>
<th>Boiler’s fusible plugs melt</th>
</tr>
</thead>
<tbody>
<tr>
<td>What it means:</td>
<td>If at any time the water level in the boiler falls so low that it does not cover the firebox, the firebox can melt, causing a fatal boiler explosion. As a safety mechanism, the roof of the firebox contains plugs that melt at a much lower temperature than the iron firebox. If the plugs melt, the steam from the boiler rushes into the firebox, thereby lowering the fire temperature and alerting the crew.</td>
</tr>
<tr>
<td>How to diagnose:</td>
<td>The Activity ends.</td>
</tr>
<tr>
<td>How to avoid:</td>
<td>Keep the water level high enough to cover the firebox. Remember that the water level and the water gauge are affected by the slope of the train on a grade. Be sure to pick up additional water if the tender water level is getting low.</td>
</tr>
<tr>
<td>What to do:</td>
<td>If the fusible plugs melt, the Activity ends.</td>
</tr>
<tr>
<td>Problem:</td>
<td>Black smoke</td>
</tr>
<tr>
<td>-------------</td>
<td>------------------------------</td>
</tr>
<tr>
<td>What it means:</td>
<td>Black smoke indicates inefficient combustion of the coal.</td>
</tr>
<tr>
<td>How to diagnose:</td>
<td>Black smoke is expelled from the exhaust stack.</td>
</tr>
<tr>
<td>How to avoid:</td>
<td>Over time, you will gain experience in firing the locomotive. In general, black smoke is caused by a cool fire, often due to an inadequate amount of air passing through the firebox. This can be caused by too much coal on the fire, closed dampers, or not enough draft for the fire (in which case you should turn on the blower). Whenever you add coal to the fire, some black smoke is generated until the coal is hot enough to burn completely.</td>
</tr>
<tr>
<td>What to do:</td>
<td>Open the damper or fire doors, and/or turn on the blower. Stop or reduce the addition of coal.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Problem:</th>
<th>Low steam pressure</th>
</tr>
</thead>
<tbody>
<tr>
<td>What it means:</td>
<td>Aside from the obvious problem of lack of motive power, low steam pressure is dangerous because steam powers the water injectors and also keeps the brakes off. Low steam pressure could cause a boiler failure (because water cannot be injected into the boiler) and can cause the train brakes to be applied.</td>
</tr>
<tr>
<td>How to diagnose:</td>
<td>Low pressure is indicated on the steam pressure gauge, and the brakes may come on.</td>
</tr>
<tr>
<td>How to avoid:</td>
<td>Make sure you have sufficient coal and water in your tender for the journey. Plan ahead for the amount of fire you’ll need. Smooth out the demand for steam, making the changes in demand as small as possible. Use the gradients of the route to help you. Beware of making the fire too “thick” or “thin.”</td>
</tr>
<tr>
<td>What to do:</td>
<td>If there is sufficient water in the boiler, close the injectors. Look at the fire; it may need more air from the blower. Turn off steam heat to the passenger cars until steam pressure increases. Make sure the dampers are fully open. If the fire needs to be built up, do it slowly. If the fire is too deep, stop adding coal and use the blower and fire doors effectively. You may need to the drive the train carefully until enough fire is burned away for effective operation. Beware of trading too much water level for steam; it’s generally easier to recover pressure than water level.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Problem:</th>
<th>Blowback in tunnels</th>
</tr>
</thead>
<tbody>
<tr>
<td>What it means:</td>
<td>The fire comes back into the cab, burning the crew as the engine enters a tunnel.</td>
</tr>
<tr>
<td>How to diagnose:</td>
<td>The Activity ends.</td>
</tr>
<tr>
<td>How to avoid:</td>
<td>Before entering a tunnel, close the firebox doors. Open the blower fully.</td>
</tr>
<tr>
<td>What to do:</td>
<td>This is an Activity ending error.</td>
</tr>
</tbody>
</table>
FLYING SCOTSMAN

London & North Eastern Railway’s No. 4472 *Flying Scotsman*, the third of Sir Nigel Gresley’s A1 “Pacifics,” was the first of the new locomotive series for the LNER. Debuting on February 7, 1923, *Flying Scotsman* represented the latest in British engineering and design. Named for the familiar, 61-year old King’s Cross to Edinburgh express train, No. 4472’s long recognition in the public eye began with a two-year run as a major exhibit at the British Empire Exhibition.

*Flying Scotsman* not only was a great symbol of elegance and power, but set the world record for longest non-stop regular service run in 1928, running the 392 miles from London to Edinburgh in just over eight hours. To accomplish this feat, a unique corridor tender was created to allow an extra crew to relieve the fireman and engineer without having to stop the train. In 1934, *Flying Scotsman* was the first steam locomotive to achieve an authenticated speed of 100 mph.

After 40 years of regular operations, the locomotive was removed from service as one of the last steam locomotives in the British Rail system. Alan Pegler purchased and restored No. 4472 in 1963; the 70 other locomotives in its class were all scrapped. *Flying Scotsman* began its second life as a working historical piece, pulling “specials” on April 20, 1963. It continues to capture the hearts of steam enthusiasts around the world. No. 4472 has made several special tours, including journeys to America and Australia that made it the only steam locomotive to have run on three continents. In Australia, it broke its own long-distance record with a non-stop run of 422 miles. Under the direction of new owner Dr. Tony Marchington, *Flying Scotsman* recently underwent a major restoration and is back on the rails pulling a consist of luxury coaches on journeys throughout the United Kingdom.

Wheel Classification

The wheel arrangement of the Flying Scotsman is classified using the Whyte System, which counts the number of leading, driving, and trailing wheels. Flying Scotsman is a 4-6-2, meaning that it has four leading wheels (two axles), six driving wheels (three axles), and two trailing wheels (one axle). Only the driving wheels are powered; the other wheels provide better tracking at high speed and carry the weight of the firebox.
**Flying Scotsman Specifications**

| Note: | 1 U.S. ton = 2,000 lb. (Also known as a “short ton.”) |
|       | 1 metric ton = 1,000 kg = 2200 lb. (Also spelled “tonne.”) |
|       | 1 Imperial ton = 2,240 lb. (Also known as a “long ton.”) |

<table>
<thead>
<tr>
<th>Locomotive type &amp; no.:</th>
<th>LNER A1 4-6-2 8P, No. 4472</th>
</tr>
</thead>
<tbody>
<tr>
<td>Power source:</td>
<td>180 psi hand-fired, coal burning boiler</td>
</tr>
<tr>
<td>Wheel configuration:</td>
<td>Six 80-in. (2.03m) diameter driving wheels in a 4-6-2 configuration</td>
</tr>
<tr>
<td>Max. speed:</td>
<td>100 mph (161 km/h) under favorable conditions</td>
</tr>
<tr>
<td>Height:</td>
<td>13 ft, 2 in (4.03 m) (to safety valve top)</td>
</tr>
<tr>
<td>Width:</td>
<td>9 ft (2.74 m)(over footplate)</td>
</tr>
<tr>
<td>Length (locomotive &amp; tender):</td>
<td>70.43 ft (21.47m)</td>
</tr>
<tr>
<td>Weight (locomotive &amp; tender):</td>
<td>171 U.S. tons (155 metric tons)</td>
</tr>
<tr>
<td>Tractive effort:</td>
<td>29,835 lb (13,532.93 kg)</td>
</tr>
<tr>
<td>Coal capacity:</td>
<td>9 U.S. tons (8 metric tons)</td>
</tr>
<tr>
<td>Water capacity:</td>
<td>6,000 U.S. gallons (22,712 liters)</td>
</tr>
<tr>
<td>Brakes:</td>
<td>Vacuum, operates at 21 in. Hg*</td>
</tr>
</tbody>
</table>

*See the conversion table in Chapter 5, Train Basics, for more information.*
GÖLSDORF SERIES 380

The Gölsdorf Series 380 steam locomotive is one of 47 locomotive types designed by famed Austrian locomotive designer Karl Gölsdorf. The 380 is the freight cousin of the Series 310 passenger locomotive; both are well-known for their remarkably high boiler position, aesthetic conical shape and functional form.

The 380 is a four-cylinder, compound locomotive. This means the steam is used twice before being exhausted. Steam first enters the smaller, high-pressure cylinders located between the frame rails and drives connecting rods attached to a crankshaft on the third axle. The exhausted steam is then routed to the larger, low-pressure cylinders located outside the frame rails and drives connecting rods attached to the third drive wheels.

The major differences between the Series 380 and the 310 are the number and size of the drive wheels. The 380 has ten 55-inch driving wheels while the 310 has six 82” wheels. This greatly affects the performance of each locomotive. A passenger locomotive like the 310 operates best with fewer, large-diameter driving wheels that enable high-speed runs. The tradeoff is a lower tractive effort that limits the length of passenger trains because of a lower pulling ability. With the 380, these characteristics are reversed. The 380 uses its smaller wheels to pull the heavy freight trains. The ten smaller wheels make the 380’s tractive effort significantly higher than the 310’s.

The 380’s high tractive effort makes it a natural for pulling the Orient-Express passenger train through the mountainous regions of Austria.

Wheel Classification

The wheel arrangement of the Gölsdorf 380 is classified using the German system, which counts the number of leading, driving, and trailing axles. Numbers are used for non-powered axles, and letters are used for powered (“driving”) axles, with A equal to 1, B equal to 2, and so on. The 380 is classified as 1E, meaning that it has one non-powered leading axle, five powered axles, and no trailing axles. Using the Whyte system, which is favored in the U.S. and U.K., the 380 would be a 2-10-0.
### Gölsdorf Series 380 Specifications

| Note: 1 U.S. ton = 2,000 lb. (Also known as a “short ton.”) |
| 1 metric ton = 1,000 kg = 2200 lb. (Also spelled “tonne.”) |
| 1 Imperial ton = 2,240 lb. (Also known as a “long ton.”) |

- **Locomotive type:** Series 380 1E h4v (2-10-0)
- **Wheel configuration:** Ten 55.5 in. (141 cm) diameter driving wheels, 1E configuration
- **Max. boiler pressure:** 16kg/cm² (228 psi)
- **Max. speed (permitted):** 43.5 mph (70 km/h)
- **Height:** 15 ft (4.57 m)
- **Width:** 10 ft, 1 in (3.08 m)
- **Length:** 38 ft (11.6 m) (locomotive), 24.9 ft (7.59 m) (tender); total: 62.9 ft (19.2 m)
- **Weight (locomotive & class 156 tender):** 157 U.S. tons (142 metric tons)
- **Max. weight on driving wheels:** 15.4 U.S. tons (14 metric tons)
- **Tractive effort:** 13.3 U.S. tons (12.1 metric tons)
- **Coal capacity:** 11.2 U.S. tons (10.2 metric tons)
- **Water capacity:** 7,800 gallons (29,500 liters)
- **Brakes:** Train and locomotive air brakes
This chapter covers the basic operations of diesel locomotives in general, and descriptions of Microsoft® Train Simulator Dash 9, GP38-2, KIHA 31 locomotives in particular. The locomotives’ specifications appear after the general description of the trains modeled in the simulation.
WHAT IS A DIESEL LOCOMOTIVE?

A **diesel** engine is an oil-burning internal combustion engine. In a gasoline engine the fuel is ignited by spark plugs, but in a diesel engine the fuel ignites because of heat generated by compression inside the cylinders. When the pressure in the cylinders rises, the temperature of the fuel-air mixture increases to the point where it ignites. The force of the ignition of the fuel moves the pistons in the cylinders, which turn the crankshaft.

In a **diesel-mechanical** or **diesel-hydraulic** locomotive, the crankshaft is connected to a mechanical or hydraulic transmission that both lowers the speed of rotation and allows power to connect and disconnect from the wheels. The KIHA 31 is a diesel-hydraulic locomotive.

In a **diesel-electric** locomotive, the crankshaft turns an alternator or generator, which produces electricity to power the traction motors (one located on each driving axle), which turn the wheels. Diesel-electric locomotives are similar to electric locomotives, except that rather than having the electricity generated outside the locomotive and delivered by electrified lines, the electricity is generated on board. The Dash 9 and GP38-2 are diesel-electric, as are almost all large diesel locomotives.

Diesel locomotives have the same operational advantages over steam that electric locomotives have, in terms of power and fuel efficiency. But unlike pure electric locomotives, diesels can go anywhere there is track, because they don’t need electrified lines, which are costly to build and maintain over long distances.
USING THE DIESEL-ELECTRIC LOCOMOTIVE CONTROLS & GAUGES

These are the descriptions of the various controls you will find on a Train Simulator diesel-electric locomotive. For more information and details see the online Help (press F1).

**Reverser:** The Reverser determines the direction of travel. There are three positions: Forward, Neutral, and Reverse.

**Throttle:** The throttle controls the amount of power generated by the locomotive, and therefore, the propulsion of the train.

**Note:** When starting the train, pause at each notch (throttle level) as you advance the throttle.

**Dynamic Brake:** The dynamic brake converts the energy of the moving train into electricity, which is dissipated into the air as heat. Dynamic brakes cannot be used at very low speeds because they depend on the train's momentum. An optimum speed range of about 18 to 25 mph (30 to 40 km/h) is typical for the operation of most dynamic brakes.

Dynamic braking may cause wheelslip. If wheelslip occurs, reduce the level of dynamic braking.

Always use dynamic brakes to their fullest extent before using locomotive air brakes. In the real world, air brakes can cause wear and tear on the wheels.

**Locomotive Air Brake:** The Locomotive Air Brake (also called the Independent Brake) handle applies and releases the brake pressure on the locomotive only. You can release the air brakes on the locomotive even when the train brakes are being applied to the rest of the train, a procedure called “actuating off the air” or “bailing off the air.”

**Train Brake:** The Train Brake handle typically has a series of settings from Release through various degrees of application to Emergency.

**Sanders:** The sanders apply sand to the rail to increase traction and avoid wheelslip.

**Horn:** Each railroad has specific rules about using horns. For more information see the “Bells, Whistles, Horns and Lights” section in Chapter 9, Operations.

**Headlights:** For a more realistic experience, you should keep the headlights on during regular operation. Use the Dim setting when approaching an oncoming train or when operating through a yard or locomotive facility.

In Train Simulator, whenever the headlights are turned on, the rear lights are illuminated, too.

**Speedometer:** The speedometer shows the speed of the train.
Ammeter: The ammeter shows the number of amperes of electrical current being drawn (for motive power) or generated (for dynamic braking) in the traction motors. On the GP38-2, the ammeter is also called the Load Indicating Meter.

Brake Pressure Gauges: The Brake Pressure gauges display how much brake pressure is applied and how much brake pressure is available. When the brakes are applied, the equalizing reservoir and brake pipe pressure drop. The brake cylinder pressure goes up. When the brakes are released, the equalizing reservoir and brake pipe start to be recharged by the air compressor. The brake cylinder pressure, which is the actual pressure pushing the brakes against the wheels of the locomotive, decreases to 0 (zero).

For more information about brakes, see Chapter 5, Train Basics.

- **Brake Pipe Pressure Gauge:** When you use only the locomotive brake and not the train brake, you won’t see a change in the brake pipe pressure. This gauge displays the pressure in the brake pipe.

- **Equalizing Reservoir Pressure Gauge:** This gauge displays the pressure of the equalizing reservoir. When you apply the brakes, the pressure in the equalizing reservoir drops immediately and the new pressure is then propagated in the brake pipe, which runs the length of the train.

- **Main Reservoir Pressure Gauge:** This gauge displays the amount of air pressure available to recharge the braking system. You’ll see a drop in the main reservoir pressure when the brakes are released because air is moving from the main reservoir to recharge the equalizing reservoir, the brake pipe, and the auxiliary reservoirs on each car.

- **Brake Cylinder (BC) Pressure Gauge:** This gauge displays the brake cylinder pressure in the lead locomotive. If you apply or bail off the locomotive brakes independently, remember that this gauge does not show the pressure in the brake cylinders on the rest of the train.

### OPERATING A DIESEL-ELECTRIC LOCOMOTIVE

#### Moving the train

You must watch your slack (the “play” between each car) and keep these points in mind:

- **Use the lowest throttle position possible to start the train moving.** You may need to retard starting acceleration by using the locomotive brake.

- **Once the train is moving, do not increase the throttle until either the amperage (as shown on the ammeter).**

- **To accelerate, advance the throttle slowly one notch at a time.**

- **On curved sections of track, be moderate in applying power.** This reduces the possibility of “stringlining” (the tendency of cars to “straighten out” and derail on a curved stretch of track).
To start a train on a level grade

1. Set the Reverser for forward or backward movement.
2. Release the train brake.
3. After the brakes have released on the entire train, move the throttle to the lowest setting and release the Locomotive Brake.

   If the train moves too quickly, control acceleration using the Locomotive Brake to prevent excessive in-train forces.

   If the train does not move, slowly advance the throttle to the next setting.
4. Wait for the current reading on the Ammeter to fall before advancing the throttle to the next higher position.

   **Note:** Use the lowest possible throttle setting to minimize in-train forces.

Slowing or stopping

To slow or stop a train

1. Reduce throttle.
2. Gradually apply dynamic brakes to allow slack to “bunch up” against the locomotive.
3. Add air brakes as necessary to stop or slow to your desired speed.

Reversing

To reverse the direction of the train

1. Bring the locomotive to a full stop.
2. Move the Reverser to Reverse.
3. Release all brakes.
4. Advance the throttle.

Blending the brakes

As you head down a steep or long grade, use the dynamic brake first to gently bunch up the train slack against the locomotive(s). Then, use a minimum reduction in brake pipe pressure, such as 6 to 8 pounds per square inch (psi), to set the air brakes. You must have the train air brakes and dynamic brakes in balance so that you won’t need to make adjustments to the air brakes and you can use the dynamic brake to speed up or slow down.

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**In the Real World…**

On the Burlington Northern and Santa Fe railroad (BNSF), the conductor notes each signal that the train passes: the signal location and indication, the time, and the train’s speed. All members of the cab crew speak aloud the indication of each signal as it appears, both to make sure the engineer has early notice of upcoming signals and to keep the crew alert and on task.
**Important:** Train air brakes can be *applied* gradually but they cannot be *released* gradually; if you brake too heavily, you will have to fully release the brakes before you can try to apply them again. If this process is repeated too often in a short period of time, you can use up all of your air pressure and have NO AIR BRAKES, a potentially disastrous situation on a long, steep grade. Always try to use the dynamic brakes first (because they do not have this limitation), combined with careful, gradual application of the air brakes.

_Do not_ supplement the dynamic brake with the *locomotive* air brakes unless you are in the process of starting or stopping and your speed is below the effective range of the dynamic brakes. Always use dynamic brakes to their fullest extent before using locomotive air brakes.

**Wheelslip and sanding**

In the real world, computers on the locomotives monitor the axles. If there is a differential in axle speeds, power is automatically reduced to the slipping wheel and sand is automatically applied. In Train Simulator, you apply sand manually, by pressing the X key.

**Controlling in-train forces**

Except when emergency braking is required, change throttle positions and brake applications slowly to allow your train’s slack to adjust gradually.

When you use the dynamic brakes and air brakes together and you reach the desired speed, maintain enough dynamic brake to control slack until the air brakes are fully released.

**Throttle handling**

Make throttle changes one notch at a time. If the wheelslip light comes on, reduce the throttle until the light goes out.

Never apply power to hold a train stationary on a grade. Always use the train brakes to hold a train on a grade.
DASH 9 DIESEL-ELECTRIC LOCOMOTIVE

The GE-9-44CW (commonly called “the Dash 9”) is a modern diesel-electric locomotive manufactured by General Electric. Using DC (direct-current) traction technology, the Dash 9 is part of the highly reliable and cost-effective line of locomotives descending from the Universal series of locomotives (nicknamed “U-Boats”) that first hit the rails as part of the “Second Generation” diesel era in the early 1960s. The locomotive’s design is very practical, with good visibility fore and aft for the engineer and easy access to the engine compartment for maintenance crews.

You can operate the Dash 9 on the Marias Pass route in Montana, pulling freight between Shelby and Whitefish. If you choose to try out this locomotive on another line, be aware that these units are most effective pulling loads over long stretches at freight-train speeds.

The Heritage II

The orange, green, yellow, and silver colors are BNSF’s new livery. The scheme is based on the same orange and green colors used in the 1940s and ’50s by the Great Northern Railway Company, one of the railroads that merged to form Burlington Northern (BN) in 1970, as well as the silver and yellow from the Santa Fe Railway, which merged with BN in 1995. Great Northern owned and operated the Marias Pass route prior to the BN (and subsequent BNSF) merger, so the BNSF Dash 9s look right at home hauling freight over this Montana mountain pass.
GE-9-44CW (Dash 9) Specifications

- **Locomotive type:** Diesel-Electric
- **Power:** 4,400 hp
- **Max. speed:** 74 mph (119 km/h)
- **Gear ratio:** 83:20
- **Power source:** Diesel engine
- **Alternator:** GMG 197
- **Traction motors:** Six GE752AH™ DC electric motors
- **Max. starting tractive effort:** 142,000 lb (64,410 kg)
- **Max. continuous tractive effort:** 105,640 lb (47,917 kg)
- **Wheel configuration:** Twelve 42-inch (107 cm) diameter in C-C configuration (two sets of three driven axles)
- **Brakes:** Independent, automatic, and dynamic
- **Height:** 15 ft, 5 in (4.70 m)
- **Width:** 10 ft, 3 in (3.12 m)
- **Length:** 73 ft, 2 in (22.25 m)
- **Weight:** 210 U.S. tons (190.5 metric tons)
GP38-2
Since its introduction by the Electro-Motive Division of General Motors in 1972, the GP38-2 diesel-electric locomotive has proven to be a popular and versatile performer for North American railroads, capable of tasks ranging from switching to pulling freight over the main line. While the GP38-2 lacks the awesome power of the more modern six-axle locomotives (like the 4,400 hp Dash 9 modeled in Train Simulator), many are still in service today, 25 years or more after first hitting the rails. This 2,000 hp locomotive could even be ordered with dual controls to allow the engineer to effectively operate from either side of the locomotive.

The Heritage I
The GP38-2 in Train Simulator displays BNSF’s Heritage I colors. This livery is the current scheme for all BNSF’s secondary and switching locomotives, plus those older mainline units not equipped with comfort cabs. Like the Dash 9’s Heritage II colors, this paint scheme is based on the green and orange colors of the Great Northern Railway in the 1940s and ’50s, and the silver and yellow of the Santa Fe Railway engines from the 1950s through the 1990s.
### GP38-2 Specifications

<table>
<thead>
<tr>
<th>Specification</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Locomotive type:</td>
<td>Diesel-Electric</td>
</tr>
<tr>
<td>Power source:</td>
<td>Diesel engine</td>
</tr>
<tr>
<td>Power:</td>
<td>2,000 hp</td>
</tr>
<tr>
<td>Max. speed:</td>
<td>65 mph (115 km/h)</td>
</tr>
<tr>
<td>Gear ratio:</td>
<td>62:15</td>
</tr>
<tr>
<td>Alternator (rectified output):</td>
<td>AR10</td>
</tr>
<tr>
<td>Traction motors:</td>
<td>Four model D77 DC, series wound, axle-hung</td>
</tr>
<tr>
<td>Max. continuous tractive effort:</td>
<td>52,000 lb (23,586.8 kg)</td>
</tr>
<tr>
<td>Wheel configuration:</td>
<td>Eight 40-in (102 cm), tapered tread in</td>
</tr>
<tr>
<td></td>
<td>B-B configuration (two sets of two driven axles)</td>
</tr>
<tr>
<td>Brakes:</td>
<td>78,000 lb (35,400 kg) retarding force dynamic;</td>
</tr>
<tr>
<td></td>
<td>type 26L air</td>
</tr>
<tr>
<td>Height:</td>
<td>15 ft, 4 in (4.7 m)</td>
</tr>
<tr>
<td>Weight:</td>
<td>125 U.S. tons (113.4 metric tons)</td>
</tr>
<tr>
<td>Length:</td>
<td>59 ft, 2 in (18 m)</td>
</tr>
<tr>
<td>Width:</td>
<td>10 ft, 4 in (3.1 m)</td>
</tr>
</tbody>
</table>
KIHA 31

The KIHA 31 is a dual cab (front and rear) self-propelled diesel-hydraulic passenger railway car. Unlike the massive GP38-2 and Dash 9 locomotives with their multi-thousand horsepower engines and electric transmissions, the KIHA 31 employs a modest and economical 246 hp engine coupled to a two-speed hydraulic transmission, similar to the transmission in an automobile. The KIHA 31 modeled in Train Simulator traverses the scenic Hisatsu tourist route on Japan’s southern island of Kyushu as a single car or as a multiple car consist, depending on passenger traffic levels.

The KIHA 31 is a true diesel locomotive with a hydraulic transmission (rather than converting power to electric traction motors), which makes driving the KIHA similar to driving a manual transmission automobile. On downhill grades, you can apply the Engine Brake, which essentially ties the engine directly to the wheels without gears so that the wheels are slowed by the engine. This saves wear on the train’s brake shoes, and helps to prevent them from overheating.

A common KIHA 31 operating practice is unpowered operation—coasting—because it’s quiet and economical. In fact, when traveling down from the mountain summit at Yatake, you may not need to apply the throttle at all to start the train moving after a stop; try just releasing the brakes and coasting!

**Note:** You’ll find two KIHA 31 models in Train Simulator. The only difference between them is that the KIHA 31 Isaburo/Shinpei has a placard in its window noting that it is the Isaburo/Shinpei sightseeing train, which makes long stops at points of interest. The Isaburo/Shinpei train runs only between Hitoyoshi and Yoshimatsu.
KIHA 31 Specifications

Note: 1 U.S. ton = 2,000 lb. (Also known as a “short ton.”)
1 metric ton = 1,000 kg = 2200 lb. (Also spelled “tonne.”)
1 Imperial ton = 2,240 lb. (Also known as a “long ton.”)

<table>
<thead>
<tr>
<th>Locomotive type:</th>
<th>Diesel-Hydraulic</th>
</tr>
</thead>
<tbody>
<tr>
<td>Power source:</td>
<td>Model DMF13HS diesel engine</td>
</tr>
<tr>
<td>Power:</td>
<td>246 hp</td>
</tr>
<tr>
<td>Max. speed:</td>
<td>59 mph (95 km/h)</td>
</tr>
<tr>
<td>Height:</td>
<td>12 ft, 7 in (3.84 m)</td>
</tr>
<tr>
<td>Width:</td>
<td>9 ft, 7 in (2.92 m)</td>
</tr>
<tr>
<td>Length:</td>
<td>58 ft, 4 in (17.75 m)</td>
</tr>
<tr>
<td>Weight:</td>
<td>33 U.S. tons (30 metric tons)</td>
</tr>
<tr>
<td>Wheel configuration:</td>
<td>Eight wheels in B-B configuration (one driven axle)</td>
</tr>
<tr>
<td>Brakes:</td>
<td>Automatic air brakes, engine brake</td>
</tr>
</tbody>
</table>
This chapter covers the basic operations of electric locomotives in general, and descriptions of the Microsoft® Train Simulator versions of the Odakyu Railway 2000 and 7000 LSE Series, Amtrak® AcelaSM Express, and AcelaSM HHP-8 locomotives in particular. The locomotives’ specifications appear after the general description of the trains modeled in the simulation.
WHAT IS AN ELECTRIC LOCOMOTIVE?

In 1893, General Electric produced the first electric locomotive, but it was to be many years before electrics were to become a common sight on the nation’s rails. In addition to the technological barriers that had to be overcome to make electrified transport a reality, it was expensive to install and maintain miles of power lines over the rails. This impediment remains today, and is one of the reasons that diesel-electrics (which generate their own electricity) are now the most commonly used locomotives. Despite this limitation, electric routes continue to be developed all over the world, primarily for high-speed passenger service. Electric trains continue to operate and evolve because they:

- Are the lightest and fastest form of rail transport, since they don’t have to carry power-generating equipment on board.
- Are the cleanest and quietest form of motive power for rail service.
- Are the beneficiaries of a wide range of technological advances in materials and electronics.
- Use fuel efficiently.
- Can use multiple locomotives with a single crew, or even have their traction motors distributed throughout the train.
- Retain a high level of pulling power on uphill grades.
- Use dynamic braking, which can save wear on the brake shoes and return electric power to the supply line.
- Spend more of their time in service (rather than in the shop or taking on water and coal).
Electric trains are powered by electricity supplied either from overhead lines (catenary) or from a third rail. All of the electric locomotives included with Train Simulator use **pantographs** to access power from the overhead lines. (A pantograph is the mechanical linkage located on the roof of an electric locomotive, and sometimes a passenger car, that connect the train to its electric power line.)

Modern electric locomotives use computer technology throughout the train. Digital displays in the cab show the train’s status and operational data such as speed and brake conditions. Automated systems often ensure that the train obeys signals and speed limits.

Electric trains use both air brakes and dynamic brakes (see Chapter 5, Train Basics, for details). On some trains, a brake control computer blends the two braking systems to provide smooth, efficient braking with minimal wear-and-tear on the components.

**USING ELECTRIC LOCOMOTIVE CONTROLS & GAUGES**

These are the descriptions of the various controls you will find on a Train Simulator electric locomotive. For more information and details see the online Help (press F1).

**Reverser:** The Reverser controls the direction of movement of the train. On electric trains, the Reverser has three positions: Forward, Neutral, and Reverse.

**Throttle:** The Throttle controls the power output of the locomotive, and therefore the speed of the train.

**Brakes:** The air brake handle typically has a series of settings from Release through various degrees of application to Emergency. In some electric locomotives, one lever controls both air brakes and dynamic brakes, which are blended together by computer for maximum efficiency and effectiveness. See the online Help (press F1) for a detailed description of the characteristics and operation of the brakes on the individual trains.

**Note:** The Acela HHP-8 (for “high horsepower 8000”) is the only electric locomotive in Train Simulator that can be uncoupled from the passenger cars. It has an independent (locomotive) brake handle that allows the brakes in the locomotive to be applied and released independently from the brakes on the cars.
Brake Pressure Gauges: Brakes are a crucial part of operating any locomotive; there are several types of brakes in the electric locomotives.

› **Brake Pipe Pressure Gauge:** This gauge displays the pressure in the brake pipe.

› **Equalizing Reservoir Pressure Gauge:** This gauge displays the pressure of the equalizing reservoir. When you apply the brakes, the pressure in the equalizing reservoir drops immediately and is then propagated in the brake pipe, which runs the length of the train.

› **Main Reservoir Pressure Gauge:** This gauge displays the amount of air pressure available to recharge the braking system. You’ll see a drop in the main reservoir pressure when the brakes are released; air is moving from the main reservoir to recharge the equalizing reservoir, the brake pipe, and the auxiliary reservoirs on each car.

› **Brake Cylinder (BC) Pressure Gauge:** The BC Pressure Gauge displays the brake cylinder pressure in the lead locomotive. If you apply or bail off the locomotive brakes independently, remember that this gauge does not show the pressure in the brake cylinders on the rest of the train.

**Pantograph button:** The Pantograph button raises and lowers the pantographs. The Japanese trains have pantographs on the passenger cars as well as the locomotive. The pantograph picks up the electrical current from the overhead wires and transmits it to the traction motors of the train.

**Speedometer:** Shows the speed of the train.

**Ammeter:** The Ammeter measures electric current, which flows from the catenary into the pantograph and then to the traction motors. The Ammeter shows how much power you are using, which is controlled by the throttle.

During dynamic braking, the Ammeter shows how much current is being generated by the traction motors. This current is either returned to the catenary or dissipated as heat.

**Horn:** Each railroad has specific rules about horns. For more information see the “Bells, Whistles, Horns and Lights” section in Chapter 9, Operations.

**Headlights:** You should keep the headlights on during regular operation. In Train Simulator, whenever the headlights are turned on, the rear lights are illuminated, too.

In Train Simulator, whenever the headlights are turned on, the lights at the other end of the train are illuminated, too.

For more information see the “Bells, Whistles, Horns, and Lights” section in Chapter 9, Operations.

**Sanders:** The sanders apply sand to the rails to help prevent wheelslip. Most electric locomotives have an automatic wheelslip detection system that applies sand as needed. (The wheelslip detector may also adjust the power going to the motors to reduce slipping.) You can use the Sander button to apply sand yourself, but remember that there is a limited amount of sand on board.
OPERATING AN ELECTRIC LOCOMOTIVE

Moving the train
The locomotive has been unlocked and activated for you.

To move the train
1. Raise the pantograph if it's not already up.
2. Set the Reverser handle to Forward or Reverse.
3. Release all brakes.
4. Slowly increase the throttle.

Stopping the train
To apply brakes
   ▶ Move the brake handle towards the full application position.

To reduce braking effort
   ▶ Move the brake handle towards the release position.

Passenger comfort is a key sign of a good driver—proper braking is crucial. The best way to come to a smooth stop is by coasting to a stop. You can do this by bringing the throttle back to 0 (zero) as you approach the platform. When you are ready to come to a stop, apply only as much brake as you need to bring the train to a gentle stop. Stop the train and then apply full brakes while the passengers get off and on.
THE 2000 SERIES

The Odakyu Electric Railway Company's 2000 Series electric railcar was one of the first “Super High Technology” trains on the Odakyu routes that run through central Tokyo. The 2000s were designed with the commuter in mind, both for comfort and to ease the ever-growing commuter traffic on the Odakyu lines. This series is a major improvement over the 1000 Series railcars: the cars were made wheelchair accessible and measures were taken to reduce noise. These changes were significant enough for Odakyu to be nominated for the “Good Design Award” by the Japan Industrial Design Promotion Organization.

2000 Series Specifications

<table>
<thead>
<tr>
<th>Specification</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Locomotive/trainset type:</td>
<td>4M4T Electric Railcar; 16 175-kW motors, 4 on each of 4 cars</td>
</tr>
<tr>
<td>Power source:</td>
<td>1,350 volt, 117 amp overhead electric lines</td>
</tr>
<tr>
<td>Power:</td>
<td>3,750 hp</td>
</tr>
<tr>
<td>Max. speed permitted:</td>
<td>62 mph (100 km/h)</td>
</tr>
<tr>
<td>Height:</td>
<td>13 ft, 4 in (4.06 m)</td>
</tr>
<tr>
<td>Width:</td>
<td>9 ft, 7 in (2.9 m)</td>
</tr>
<tr>
<td>Length:</td>
<td>66 ft, 1 in (20.15 m)</td>
</tr>
<tr>
<td>Brakes:</td>
<td>MBSA-R, 4.0 km/h per second deceleration, 4.7 km/h per second emergency</td>
</tr>
</tbody>
</table>
THE 7000 LSE SERIES

The Odakyu 7000 Luxury Super Express (LSE) is one of the “Romance Cars,” so-called because of the unusual luxury it offers compared to typical Japanese commuter trains. On the 7000 LSE, all passengers have seats, unlike commuter trains, in which passengers continue to squeeze in until the doors won’t close. The 7000 LSE also makes only a few stops, unlike the commuter trains, which stop constantly. Consequently, the train cuts half an hour from the normal two-hour journey. The Romance Cars first began running tourists on the route from Shinjuku to Hakone in 1948. Hakone is in the heart of a major tourist area with outstanding views of Mt. Fuji, lakes, mountains, and hot-spring resorts.

The 7000 Series has been enhanced and improved over time, and in 1981 it won the Blue Ribbon Award from the Japanese Railway Friendship Club (Tetsudo Tomonokai). The 7000s were completely rebuilt in 1996, when the interior design was changed to appeal to tourists and shoppers as well as business people.

7000 LSE Series Specifications

<table>
<thead>
<tr>
<th>Specification</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Locomotive/trainset type</td>
<td>9M2T DC Electric Railcar; 16 140-kW motors, distributed across 9 cars</td>
</tr>
<tr>
<td>Power source</td>
<td>1,350 volt, 420-amp overhead power line</td>
</tr>
<tr>
<td>Power</td>
<td>3,000 hp</td>
</tr>
<tr>
<td>Max. speed</td>
<td>68.3 mph (110 km/h)</td>
</tr>
<tr>
<td>Height</td>
<td>13 ft, 4 in (4.06 m)</td>
</tr>
<tr>
<td>Width</td>
<td>9 ft, 6 in (2.9 m)</td>
</tr>
<tr>
<td>Length</td>
<td>53 ft, 9 in (16.39 m)</td>
</tr>
<tr>
<td>Brakes</td>
<td>MBS-D Electro-pneumatic air brakes, 4 km/h/s deceleration</td>
</tr>
</tbody>
</table>
AMTRAK ACELA EXPRESS

The Amtrak® Acela™ (pronounced “ah-CELL-ah”) Express is a new high-speed electric train built for Amtrak by the companies that manufacture the Learjet (Bombardier) and the French TGV train (ALSTOM). Each Acela Express trainset consists of five passenger cars (one First class and four Business class), a café car, and two 6,000 hp Power Cars (locomotives), one at each end. Each Power Car has a pantograph that draws down power from the overhead electrical lines (the catenary). The trainset is semi-permanently coupled, and there is effectively no slack between the cars. The Acela Express trainset uses a state-of-the-art “tilt” system that allows the train to take curves at top speeds of up to 165 mph (265 km/h) on the test track.

The Acela Express uses computer technology in almost every system on the train. Digital displays in the cab show the train’s status and operational data such as speed, braking, and tractive effort. The Automatic Train Control (ATC) system ensures that the train obeys signals and speed limits. If the engineer fails to observe speed limits or to slow the train to the appropriate speed upon receiving an approach or stop signal, the ATC system slows the train automatically. If the engineer fails to acknowledge this change within five seconds, full brakes are applied (this is called a “penalty brake” application). An Alerter system also sounds an alarm if the train’s controls are not operated during a 25-second period. The engineer must respond to this alarm within 15 seconds or the brakes will be applied and the power will be shut down, bringing the train to a halt.

The Acela Express uses several different types of brakes. The dynamic brakes can dissipate braking energy electrically either by regeneration by returning the energy to the catenary or rheostatically by converting the energy to heat. Electronically controlled pneumatic brakes with an air backup provide the primary air brake system. Disc brakes provide the majority of pneumatic braking, while tread brakes provide supplemental braking and also keep the wheels clean for maximum adhesion between the wheel and the rail. The Brake Control Computer blends the dynamic and air braking systems to provide smooth, efficient braking with minimal wear-and-tear on the components.
Amtrak® Acela® Express Specifications

Locomotive type: Bombardier ALSTOM Consortium high-speed electric power car
Power source: Catenary from stationary electric generator
Power, each power car: 6,169 hp; 4,600 kilowatts
Max. speed: 165 mph (265.4 km/h)
Height: 14 ft, 2 in (4.3 m)
Width: 10 ft, 5 in (3.2 m)
Length, each power car: 69 ft, 7 in (21.2 m)
Length, trainset: 663 ft, 9 in (202.3 m)
Weight, each power car: 200,000 lb (90,720 kg)
Weight, trainset: 1,171,000 lb (531,166.7 kg)
Max. short time tractive effort, each power car: 49,000 lb (22,226 kg) (Front & rear power car combined effort: 98,000 lb)

Wheel configuration, each power car: Eight 40-inch diameter wheels in B-B configuration (two sets of two driven axles)
Brakes: Air brakes, 26-L compatible. Computer controlled, with independent air brakes in locomotive; Electro-pneumatic; Dynamic brakes: rheostatic and regenerative
ACELA HHP-8

The dual cab, 8,000 hp Acela® HHP-8 (sometimes called the HHL, the manufacturer’s abbreviation for “High Horsepower Locomotive”) is by far the most powerful locomotive in Train Simulator. It is also the only Train Simulator electric locomotive not permanently coupled into a trainset. The HHP-8 is designed to operate singly, or in a consist with only one other active locomotive, pulling up to 18 passenger cars. A typical consist would be 8 to 10 passenger cars with the occasional inclusion of a mail car at the rear of the consist. The locomotive has cabs at both ends for bi-directional operation. It also has an independent brake—an air brake that can be applied to the locomotive only.

Amtrak® Acela™ HHP-8 Locomotive Specifications

<table>
<thead>
<tr>
<th>Specification</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Locomotive type</td>
<td>Bombardier ALSTOM Consortium dual cab high-speed electric power car</td>
</tr>
<tr>
<td>Power source</td>
<td>Catenary from stationary electric generator</td>
</tr>
<tr>
<td>Power</td>
<td>8,046 hp; 6,000 kilowatts</td>
</tr>
<tr>
<td>Max. speed</td>
<td>135 mph (217 km/h)</td>
</tr>
<tr>
<td>Height</td>
<td>14 ft, 5 in (4.4 m)</td>
</tr>
<tr>
<td>Width</td>
<td>10 ft, 5 in (3.2 m)</td>
</tr>
<tr>
<td>Length</td>
<td>67 ft, 1 in (20.4 m)</td>
</tr>
<tr>
<td>Weight</td>
<td>111 U.S. tons (100.7 metric tons)</td>
</tr>
<tr>
<td>Max. short time tractive effort</td>
<td>71,240 lb (32,314 kg)</td>
</tr>
<tr>
<td>Wheel configuration</td>
<td>Eight 40-inch diameter wheels in B-B configuration (two sets of two driven axles)</td>
</tr>
<tr>
<td>Brakes</td>
<td>Same as Acela Express above, plus an independent/locomotive brake</td>
</tr>
</tbody>
</table>
To complete Train Simulator Activities, you need to know more about railroading than just how to operate a train—you’ve got to learn the basic railroading rules and procedures for moving your train smoothly and on time. In this chapter on railroad operations you’ll learn about timetables and work orders, coupling and uncoupling, signals, speed limits, and more.
PASSENGER OPERATIONS

Passenger railroading is about safely moving passengers from one place to another in comfort and on time. In the Train Simulator Passenger Activities, you operate one of seven different locomotives on one of five different routes. There’s a big difference between steam, diesel, and electric trains, and between landscapes in the U.S., Great Britain, Austria, and Japan. In terms of the operational procedures you need to follow though, all Passenger Activities are quite similar.

Following the timetable

Passenger trains generally run according to a tight timetable (most freight trains don’t). In Train Simulator, you’ll find the timetable in the Operations Notebook. In order to complete an Activity successfully, you must stick to your timetable.

You can refer to the timetable at any time during an Activity. Just press **F11** to bring up the Operations Notebook, and then click the **Timetable** tab.

Instead of having to constantly refer to the complete timetable, you can also get the scheduled arrival and departure time for the next scheduled station stop by referring to the Next Station Display driving aid (press **F10**). The Next Station Display shows the distance to the next station. To learn more, see the “Driving Aids” section of Chapter 4, **Tools for Driving**

Stopping at stations

As you approach a station, ring the engine bell (if your train has one) and dim your headlights (as a courtesy to passengers on the platform). Slow down and try to stop with as many cars as possible alongside the platform, to make it easy for passengers to get off and onto the train quickly. The ideal stopping location depends on the size of your train; the locomotive may have to be stopped beyond the platform.

After stopping, press the **ENTER** key to initiate the unloading/loading process. Based on how many cars are next to the platform (the more the better) and the number of passengers who want to get on and off the train, the projected “load time” appears on the Next Station Display. (Note that in Train Simulator there are no people on the platform; the procedure just adds realism to the station experience.) At the scheduled departure time (or as soon as all the passengers are loaded if you’re running late), the conductor signals you to depart by sounding a whistle or a buzzer, or giving you permission to proceed via radio. What you hear depends on which route you’re on. Never leave a station before the conductor signals you to do so, or if the signal ahead is indicating Stop.

FREIGHT OPERATIONS

Freight railroading is about moving cargo loaded into freight cars from one place to another. In the Train Simulator Freight Activities, you operate either a Dash 9 or GP38-2 diesel locomotive on the Marias Pass route. In **Road** Activities, you haul trains along the Marias Pass main line. In **Local**
Activities, you pick up and drop off cars at industries along the Kalispell branch. In Yard Activities, you sort and assemble individual cars into trains in the Whitefish Yard. In all three types of Activities, you need to be familiar with the freight procedures explained in this section.

**Following the work order**

A work order is a list of tasks to perform during an Activity. Most Passenger Activities don’t have work orders—all Freight Activities do. You’ll find the work order for your run on the Work Order page of the Operations Notebook. There are four types of work order tasks in Train Simulator:

- **Pick-up**: Couple your train to one or more cars or locomotives left at a specific location.
- **Drop-off**: Leave one or more cars or locomotives (or your entire train) in a specific location.
- **Make a consist**: Assemble a consist that contains only specific cars and/or locomotives.
- **Make a consist in a specific location**: Assemble a consist that contains only specific cars and/or locomotives and drop them off at a specific location.

You can refer to the work order at any time during an Activity. Just press F11 to bring up the Operations Notebook, then click the Work Order tab. Your adherence to the work order is logged and presented in your Activity Evaluation.

**MANUAL SWITCHING**

Switches on the Marias Pass Kalispell branch and in the Whitefish Yard are not under the dispatcher’s control. You’ll have to move your cars to a siding—a section of track branching off of the main track used for storing cars and locomotives. To get to the sidings specified in your work order, you’ll have to manually throw switches.

Use the Switching driving aid (press F8) to see how the switch in front and behind you is set (left, center, or right), then click the appropriate arrow to change it. For details, see the “Driving Aids” section of Chapter 4, Tools for Driving. You can also toggle the next switch by pressing the G key. To toggle the next switch behind the train, press SHIFT+G.

**Note:** In “Explore the Route” Activities, there is no dispatcher, so you must manually throw all switches yourself.

**IDENTIFYING LOCOMOTIVES, CARS, SIDINGS, AND STATION PLATFORMS**

Each locomotive and car in Train Simulator has a unique number, and each siding and station platform has a unique name. You can toggle the station/siding names on and off by pressing F6, and the car numbers on and off by pressing F7. When turned on, numbers and names appear, floating above their respective locomotives, cars, sidings, and station platforms. This makes these items and locations easier to identify. In Yard Activities, it’s also useful to see a top-down view of the entire yard. To switch to Overhead view, press the 7 key.
COUPLING & UNCOUPLING

Coupling and uncoupling cars and locomotives is a fundamental skill you’ll need to master, especially for Freight Activities. With a little practice, picking up and setting out cars on sidings, assembling consists in a yard, and cutting in additional locomotives when ascending steep grades will become second nature. In the real world, you have some help: crew members on the ground connect and disconnect brake hoses and cables, set and release brakes on the cars, and guide you by radio and hand signals. In Train Simulator, the process is simplified.

**Note:** The 2000, 7000 LSE, and Acela™ Express are semi-permanently coupled trainsets. The Acela™ HHP-8 is the only electric locomotive included in Train Simulator that can be coupled to and uncoupled from its cars.

**Coupling** should always be done at low speeds (no faster than 2 mph, or 3 km/h) to avoid damaging equipment. Just move slowly toward the locomotive or car you want to couple to, and the couplers will automatically close when contact is made. Use Coupler view (press the 6 key) to watch the coupling process from an overhead vantage point, and to visually inspect the couplers to make sure they are locked. A distance indicator tells you how far apart the two couplers are. Once you’re coupled, open the Train Operations window (press F9) and release the hand brakes on all the cars you coupled to. To learn more about Coupler view and the Train Operations window, see Chapter 4, *Tools for Driving*.

**Uncoupling** requires the use of the Train Operations window (press F9). After stopping, apply the hand brakes on the locomotives and cars that are to be uncoupled (so they don’t roll away after being uncoupled). Then, open the desired couplers. Close the Train Operations window, and move your consist away from the equipment you just uncoupled.

USING MULTIPLE UNITS

More than one locomotive is often required to supply enough horsepower to pull a long, heavy train, especially up a steep mountain grade. Remotely controlled locomotives are called “distributed power units” (DPUs), controlled from the lead locomotive. The supporting manned locomotives are called “helpers,” and are sometimes added temporarily to the end of a train to help push it up a short, steep grade.

In Train Simulator, while you can couple more than one locomotive to a train, you cannot individually control the additional locomotives. They will simply mirror the performance of the lead unit you’re controlling.

**Note:** In Train Simulator, you can couple only locomotives and cars that have the same type of couplers. If you want to add more locomotives, they must be the same type (steam/diesel/electric) as the lead locomotive.
REFueling

If your train is immobilized due to running out of diesel fuel, coal, or water, the Activity ends immediately. You can see your fuel, coal, water, and sand levels in the Train Operations window (F9).

If an Activity requires you to get more diesel fuel, coal, or water, the Activity Briefing specifies a stop at a refueling station, coal tower, or water tower. Steam locomotives can also get water while underway, via “water scoops” that scoop water up from troughs in the track.

To learn more about refueling and how to use water scoops, see the online Help (press F1).

Preventing Accidents at Road Crossings

Failing to provide adequate warning of your train’s approach can cause accidents, which in Train Simulator makes the Activity end immediately. The best way to warn people is to make noise, but not so much that you disturb nearby residents. Thus, it’s not surprising that railroad policies on whistles and horns vary depending on the country and the era:

<table>
<thead>
<tr>
<th>Route</th>
<th>Train Simulator horn/whistle requirement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Marias Pass</td>
<td>Begin sounding horn (press SPACEBAR) at least 1/4 mile (.4 km) away from road crossing. Prolong or repeat signal until locomotive is in crossing.</td>
</tr>
<tr>
<td>Northeast Corridor</td>
<td>None. No road crossings.</td>
</tr>
<tr>
<td>Innsbruck-St. Anton</td>
<td>None. Gatekeepers ensure clear crossings.</td>
</tr>
<tr>
<td>Settle &amp; Carlisle Line</td>
<td>None. Gatekeepers ensure clear crossings.</td>
</tr>
<tr>
<td>Tokyo-Hakone</td>
<td>Heavily residential; sound horn only in an emergency.</td>
</tr>
<tr>
<td>Hisatsu Line</td>
<td>Sound horn only in an emergency.</td>
</tr>
</tbody>
</table>
BELLS, WHISTLES, AND HORNS

In Train Simulator, you don’t have to sound your bell, whistle, or horn anywhere except at ungated road crossings on the Marias Pass route, as explained above. But for a more realistic experience:

- Ring the bell (if your train has one) before moving.
- Ring the bell when arriving at a station (until stopped).
- Ring the bell when moving through a yard.
- Sound the whistle or horn to warn people or animals of your approach, using a quick succession of short bursts. To clear animals from the track, first dim the headlights, then sound the horn.
- Sound the whistle or horn when moving through a yard.
- Sound the whistle or horn before entering tunnels or crossing bridges.
- Sound the whistle or horn frequently when weather conditions impair visibility.
- When approaching a crossing, use the whistle or horn signal generally accepted by most American railroads: LONG LONG SHORT LONG, with the last long sound continuing as the locomotive passes through the crossing.

**Note:** On the Dash 9, Acela™ Express, and Acela™ HHP-8 locomotives, the engine bell also rings whenever the horn button is pressed.

TRACKSIDE SIGNAGE

Next to the track on every route, you’ll see a variety of signs that provide you with advance warning of things like road crossings and speed limit changes. See the Quick Reference Card or online Help for a complete list, with pictures and their meanings.

SIGNALING

All railroads need a system to prevent two trains from being in the same place at the same time. Over the years, around the world, the systems for controlling trains have become increasingly sophisticated. In Microsoft® Train Simulator, control is exercised primarily via dispatcher-controlled signals.

Most of the track on Train Simulator routes is signaled track: lights or semaphore arms are mounted next to or above the track. You must obey the signals!

<table>
<thead>
<tr>
<th>Japanese Terms</th>
<th>English Meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shinkoo:</td>
<td>Forward</td>
</tr>
<tr>
<td>Jokoo Yokoku:</td>
<td>Prepare for slow speed</td>
</tr>
<tr>
<td>Jokoo Kaijo:</td>
<td>Cancel slow speed</td>
</tr>
<tr>
<td>Gensoku:</td>
<td>Slow down</td>
</tr>
<tr>
<td>Chuui:</td>
<td>Careful/Warning</td>
</tr>
<tr>
<td>Seigen:</td>
<td>Limit (as in Seigen 55, “Speed limit 55”)</td>
</tr>
<tr>
<td>Ittan teishi:</td>
<td>Stopping</td>
</tr>
<tr>
<td>Torikeshi:</td>
<td>Cancelled</td>
</tr>
</tbody>
</table>
**Learning the signals**

Refer to the Quick Reference Card to find a table of all the signal aspects (the colored lights or semaphore arm positions), and their indications (what the aspects mean), categorized by route. You’ll realize quickly that although different routes have unique signal aspects, their indications are often the same. For example, a green light on the Marias Pass route, and a raised semaphore arm on the Settle to Carlisle route look very different, but they both mean essentially the same thing: you can proceed.

**Obeying signals**

As you approach a signal you must identify which one applies to the track that your train is operating on, and observe its indication. Watch the signal and its changes until your train has passed it. For more information, see the “Driving Aids” section in Chapter 4, Tools for Driving.

**SPEED LIMITS**

As you operate a train in Train Simulator, you’re expected to obey all speed limits. Speeding is not only against the rules, it’s dangerous! A train that’s moving too fast can derail on curves and switches, collide with other trains, become a runaway, or break apart. As an engineer, it’s imperative that you be aware of the speed limits for the route you’re driving and obey them.

The Track Monitor driving aid helps you maintain speed limits as you drive. For more information, see the “Driving Aids” section of Chapter 4, Tools for Driving.

**Types of speed limits**

There are three types of speed limits in Train Simulator: maximum speed limits, permanent reduced speed limits, and temporary speed restrictions.
Note: Speed limit signs look different on different routes, so see the Quick Reference Card for illustrations.

Maximum speed limit
Every route in Train Simulator has a Maximum speed limit at which you are permitted to drive if there is no Permanent Reduced speed limit or temporary speed restrictions specified for a given track section.

Permanent Reduced speed limit
Permanent Reduced speed limits are specified for certain sections of track that require the train to operate at a slower speed than the Maximum speed limit, such as on curves, bridges, and in tunnels.

Temporary speed restrictions
Your Activity Briefing may note areas of temporarily restricted speed due to track conditions, maintenance, or other hazards. Each railroad has its own means of indicating temporary speed restrictions. In Train Simulator, Restricted Areas are marked with signs or colored trackside flags.

Restricted Speed
In Train Simulator, “Restricted Speed” is defined as a speed no greater than 15 mph, or 25 km/h. You must move at Restricted Speed:

- In flagged Restricted Areas, as explained above.
- Within yard limits.
- When reversing.
- After passing a signal indicating Restricting.
- After stopping, then passing, a signal indicating Stop and Proceed.
- After stopping, then passing, a signal indicating Stop (with the dispatcher/signalman’s permission).

When you pass a flag or signal requiring movement at Restricted Speed (for example, a signal indicating Stop and Proceed), you must move at Restricted Speed (not faster than 15 mph, or 25 km/h) until the leading wheels of the locomotive have passed the next governing signal or the end of the block system.

In the Real World...
On most North American railroads, “Restricted Speed” is defined as a speed that allows stopping within half the range of vision short of a train, a locomotive, a railroad car, workers or equipment, a Stop signal, or an improperly lined switch. In Train Simulator, just don’t exceed 15 mph, or 25 km/h.
The Activities are where you get to put your skills to the test in a realistic passenger or freight scenario while operating a steam, diesel, or electric train. You’ll read the briefing, complete your assignment on schedule, and then review your evaluation. Keep practicing—you’ll be railroading like a pro before you know it. In this chapter, we’ll explore the Activities—the essence of the Microsoft® Train Simulator experience.
THE GOAL

Your overall goal in a Train Simulator Activity is simple: complete the assignment presented in the briefing. Along the way you’ll be evaluated on your ability to follow railroad rules and procedures in four areas:

› Operations
› Timetable/Work order
› Speed limits
› Train handling

ACTIVITY TYPES

Whether you’re attracted to the romance of steam, the sheer power of diesel, or the high-speed thrills of electric railroading, there are Train Simulator Activities designed just for you. On the Train Simulator Home screen, select **Drive a Train**. You’ll be taken to the **Route & Activity** Selection screen, where you can select one of six different historical routes. Then, choose an Activity. There are six different types of Activities in Train Simulator:

<table>
<thead>
<tr>
<th>Activity Type</th>
<th>Route</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Explore the Route</td>
<td>All routes</td>
<td>Drive freely along the route without being evaluated. Go where you want by manually setting switches as you approach them.</td>
</tr>
<tr>
<td>Passenger</td>
<td>All routes except</td>
<td>Drive a passenger train, making scheduled stops at stations according to a timetable.</td>
</tr>
<tr>
<td></td>
<td>Marias Pass</td>
<td></td>
</tr>
<tr>
<td>Road Freight</td>
<td>Marias Pass</td>
<td>Deliver a freight train from one location to another on a main line.</td>
</tr>
<tr>
<td>Local Freight</td>
<td>Marias Pass</td>
<td>Operate a freight train on a local run, making pickups and drop-offs at industries along the way.</td>
</tr>
<tr>
<td>Yard Freight</td>
<td>Marias Pass</td>
<td>Solve complex switching puzzles from the cab of a yard locomotive as you assemble individual cars into long trains.</td>
</tr>
<tr>
<td>Player-created</td>
<td>All routes</td>
<td>Complete a passenger or freight Activity that you’ve designed yourself using the Activity Editor. (For more information, see Chapter 12, Editors &amp; Tools.)</td>
</tr>
</tbody>
</table>
BEFORE THE ACTIVITY BEGINS

After choosing an Activity and clicking the Start button on the Route & Activity selection screen, you’ll see the train from the locomotive’s cab, with the simulation paused. The Operations Notebook is also displayed.

As an engineer, it’s your responsibility to become familiar with the details of the assignment you’re about to undertake. Take some time to study the contents of the Operations Notebook’s six tabs (Key Commands, Briefing, Timetable, Work Order, Procedures, Evaluation).

Before you start driving
1. Read your briefing.
2. Review your timetable and work order.
3. Review the locomotive operating procedures and keyboard commands.

When you’ve collected your thoughts and are ready to start the run, close the Operations Notebook and you’re ready to go!

To learn more about the Operations Notebook, see Chapter 4, Tools for Driving.

DURING THE ACTIVITY

Once underway, you’ll have your hands full. Operating a train is more challenging than most people realize. To learn the tricks of the trade, be sure to familiarize yourself with this Engineer’s Handbook, complete the interactive Tutorials, and look at the topics in the onscreen Help (press F1).

What you’re evaluated on

As you drive from station to station or complete a work order, you’ll be evaluated in four areas:

> Operations

You must avoid doing things that compromise safety or your ability to complete the Activity. If you commit a major error like passing a Stop signal without permission, breaking a coupler, or derailing, the Activity ends immediately. Smaller mistakes are simply logged and presented as part of your Activity Evaluation. For more information, see the onscreen Help (press F1) and individual Activity briefings.

> Timetable/Work order

Every Activity has a timetable and/or a work order that is displayed in the Operations Notebook. A timetable is a schedule for the run and you must stop at all the stations listed. If you fail to make a scheduled stop, arrive late, or depart early, each error is logged. A work order is a list of tasks to complete, such as picking up or dropping off cars, delivering a consist of freight cars, or rescuing a crippled passenger train. If you fail to complete all the tasks in a work order, each error is logged.
Speed limits

Speed limits exist to protect railroad workers, passengers, freight, and equipment. You must obey all permanent and temporary speed limits as you drive.

Train handling

As you operate a train, you must keep passenger comfort and freight durability levels in mind, accelerating and decelerating carefully to avoid disturbing passengers and damaging merchandise. These levels are different depending on exactly what (or who) is on your train. In Train Simulator, lumber and commuters are more forgiving than new automobiles and royalty. If you jostle the passengers or freight beyond acceptable limits, each error is logged.

To learn more about proper operating procedures in Train Simulator, see Chapter 9, Operations; the three How to Drive... chapters; and the onscreen Help (press F1).

Using driving aids

Popup driving aids can help make up for the sensory limitations of a computer simulation. For example, the Track Monitor shows the signals and speed limits along your route. Other driving aids help you read signals, manually throw switches not controlled by the dispatcher and follow your timetable.

To learn more about driving aids, see Chapter 4, Tools for Driving.

Note: The keyboard commands that bring up the individual driving aids can be found on the Quick Reference Card, on the Key Commands tab of the Operations Notebook, and in the online Help (F1).

Using the Operations Notebook

You can review your briefing, timetable, work order, locomotive operating procedures, and keyboard commands at any time during an Activity. Just press F11 to display the Operations Notebook. To see how well you’re doing, click the Evaluation tab.

To learn more about the Operations Notebook and driving aids, see Chapter 4, Tools for Driving.

Saving an Activity

Some Train Simulator Activities are quite lengthy, simulating an entire real-world railroad shift. The good news is that you don’t have to sit at your computer all day or night (unless you want to)! You can easily save an Activity-in-progress to finish another time. Just press the ESC key and follow the onscreen instructions. For details, see the onscreen Help (press F1).

If you want to save your Activity without interrupting your run, just press the Quick Save key (F2).
AFTER THE ACTIVITY ENDS

When an Activity ends (because you completed it, made an Activity-ending error, or quit), the Activity Evaluation screen appears. Here you’ll find a summary of your performance, and the option to view a more detailed evaluation. The evaluation is saved automatically so you can watch your skills improve over time, and to savor as you strive for that “perfect” run.
In Train Simulator, you’ve got six detailed routes to drive or ride, spanning several continents and two time periods. Whether you choose the route from the Introductory Train Ride screen or select the challenge of operating a train yourself, you’ll find these routes make the railroading experience stimulating and challenging.
MARIA PASS

Location: Montana, USA
Route length: 152 miles (245 km)
Railroad: The Burlington Northern and Santa Fe Railway Company (BNSF)
Preferred Player-drivable locomotive: Dash 9 and GP38-2 diesel-electric locomotives
Computer-controlled locomotives and trains on route: Genesis P40 (AMD 103) Empire Builder, SD40-2, GP38-2

Just as Europeans spent years looking for a Northwest Passage around North America to get their ships to Asia faster, so the American railroads searched for a suitable pass over the Rocky Mountains in the northwest United States to move freight faster from east to west. The Marias River in Montana had been named by Meriwether Lewis in 1806, but the pass was not discovered until 1889, by John Stevens, an engineer working for the Great Northern Railway. Marias Pass is the lowest pass through the Rocky Mountains in the United States north of New Mexico.

Today, the rail line through Marias Pass is operated by the Burlington Northern and Santa Fe Railway (BNSF), which uses the route to run priority intermodal trains, coal, and general freight across the country from Chicago to Seattle and Portland. Amtrak also uses the route to host their twice-daily Empire Builder passenger service.

Microsoft® Train Simulator includes the mainline portion of the route from Shelby to Whitefish, and the branch line from Columbia Falls to Kalispell. You can haul freight over the pass, skirting the southern border of Glacier National Park, or make local freight deliveries along the Kalispell line.
There are more than 390 different railroad names in the BNSF family tree. BNSF operates a 33,500-route-mile freight rail network covering 28 states from Washington to Florida, two Canadian provinces, and connections into Mexico. Overall, BNSF employs about 40,000 people in the U.S. and Canada and generated revenues of about $9 billion in the year 2000.

Web site: http://www.bnsf.com/
NORTHEAST CORRIDOR

Location: Northeast United States
Route length: 133 miles (214 km)
Railroad: Amtrak
Preferred player-drivable locomotive: Acela™ Express and Acela™ HHP-8 high-speed electric locomotives
Computer-controlled trains on route: Genesis™ P40 (AMD 103), GE E-60-CP

The Amtrak® Acela™ Express is a new high-speed service between Boston, Providence, New York City, Philadelphia, Baltimore, and Washington, D.C. Acela Express service has begun to compete with airline shuttles for business travel between these Northeast United States cities. Current services, such as the NortheastDirect, are being converted to Acela Regional and Acela Commuter services.

Having conducted extensive surveys and interviews with customers, Amtrak intends this service to be first class all the way. Everything from the ticketing process, to station design, to electrical outlets at every seat, to larger, more accessible bathrooms, has been designed to “bring business rail travel into the 21st century.”

Train Simulator includes the portion of the route from Philadelphia, Pennsylvania, to Washington, D.C. This route uses tracks dating back to a number of famous Northeast railroads. This route is electrified over its entire length, which allows the efficient operation of high-speed trainsets. You’ll zoom past major metropolitan areas as well as coastlines and forests. The track’s maximum speed limit is 125 mph and there are no level crossings (roads crossing the tracks) to slow you down.
Amtrak
Amtrak is the national U.S. passenger railroad, carrying more than 75 million passengers a year to over 500 destinations in 45 states. Created in 1971, Amtrak operates 265 trains a day over a 22,000-mile route system extending from Boston to San Diego. Amtrak also owns and operates the Boston-to-Washington NE Corridor, maintaining the busiest passenger rail line in the nation for over 1,700 Amtrak and local commuter trains a day. Web site: http://www.amtrak.com/index1.html
INNSBRUCK - ST. ANTON

Location: Austrian Alps
Route length: 63 miles (101 km)
Railroad: Orient-Express
Preferred player-drivable locomotive: Gölsdorf 380 steam locomotive
Computer-controlled trains on route: 310.23

Traveling by rail across Europe at the end of the 19th century was difficult, uncomfortable, and burdensome. So it was a somewhat revolutionary idea when George Nagelmackers created la Compagnie des Wagons-Lits (CIWL, http://www.wagons-lits-paris.com) whose most famous train, the Orient-Express, would travel from Paris to Bulgaria from 1883 onward. The Orient-Express, like its other famous sisterships such as the Blue Train, is still synonymous with luxury, glamor, and adventure. In its heyday of the 1920s and 1930s, the list of passengers read like a Who’s Who of international royalty and celebrities. The Orient-Express still enjoys a fantastic prestige worldwide with its characteristic blue and cream livery, decorated with the two-golden lion monogram. Apart from its modern activities in the travel business, Compagnie des Wagons-Lits is still active in preserving the legend of the Orient-Express and all related properties, including historical archives, posters, and photos, as well as public catalogues of products on the theme “Le Voyage à la Belle Epoque.”

The original service consisted entirely of sumptuously appointed restaurant and sleeping cars, plus baggage and mail cars. Although most famous for its Paris-Bulgaria route, there were many routes and destinations serviced by the Orient-Express: London & Paris to Venice, Rome, Prague & Istanbul. The opening of the Simplon Tunnel in the Swiss Alps allowed speedy service between London and Venice, and the Arlberg tunnel in the Austrian Alps linked Paris to Vienna. Although diplomats, royalty, nobility, and celebrities used the service, it was frequently disrupted by trade restrictions, border disputes, and wars.

Train Simulator includes the portion of the route from St. Anton and the Arlberg Pass to Innsbruck as it was in the late 1920s. You’ll travel past spectacular alpine peaks and visit beautiful Tyrolean villages in pastoral valleys. We’ve recreated the line as it was before it was electrified. Driving a steam locomotive is hard work, so remember to visit the piano bar car for a taste of luxury and relaxation.
The Venice Simplon-Orient-Express

On May 25, 1982, thanks to entrepreneur and rail enthusiast James B. Sherwood, the legend was reborn when the Venice Simplon-Orient-Express made its maiden run from London to Venice. Today you can travel along the same route as the one recreated in Train Simulator. The Venice Simplon-Orient-Express uses the same Compagnie des Wagons-Lits (CIWL) coaches as those of the early 20th century, painstakingly restored to their original luxury, staffed with attentive stewards and serving exquisite cuisine. Web site: http://www.orient expresstrains.com
SETTLE & CARLISLE LINE

Location: Northwestern England
Route length: 72 miles (116 km)
Railway, circa 1930: Midland Railway
Player-drivable locomotive: LNER No. 4472 Flying Scotsman steam locomotive
Locomotive owner, circa 1930: London and North Eastern Railway (LNER)
Locomotive owner, today: Flying Scotsman Railway
Computer-controlled trains on route: The Royal Scot (Royal Scot Class), Pendennis Castle (Castle Class)

Built in the 1870s to provide a faster route for the growing Midland Railway Company’s traffic between England and Scotland, the Settle & Carlisle Railway (“the S&C”) is considered the most dramatic train line in England. The line travels through Yorkshire Dales National Park and into the Pennine Chain, skirting Lake District National Park to the west.

Hundreds of railroad builders (“navvies”) lost their lives building the line, from a combination of accidents, fights, and smallpox outbreaks. In particular, building the Ribbleshead (then Batty Moss) viaduct, with its 24 massive stone arches 104 feet (32 meters) above the moor, caused such loss of life that the railway paid for an expansion of the local graveyard.

The Midland Company wanted a fast line and specified gradients no greater than 1 in 100, which meant they couldn’t always take the shortest path from point A to point B, giving rise to the nickname “the Long Drag.” On a heavy train, a fireman could use up to five tons of coal, and the line was occasionally used as a test track to compare the motive power of various locomotives under consideration by the railroad. The S&C is a challenging line for the driver and fireman in any weather, but its challenges are multiplied during spring and autumn windstorms and winter snows.

Train Simulator includes the entire line from Settle to Carlisle as it was in the late 1920s. You’ll pass through beautiful countryside, where stone walls separate fields of barley, cow pastures, and country lanes. You’ll need to skillfully control your use of steam as you climb up to the wild Blea Moor, and then carefully make your way down the grade while keeping your passengers safe and comfortable. Can you keep up with Flying Scotsman’s illustrious history of on-time arrival?
Flying Scotsman Railways

In 1996, Dr. Tony Marchington bought *Flying Scotsman* and formed Flying Scotsman Railways to fund the restoration of the elegant train. In order to assure *Flying Scotsman’s* continued preservation, Flying Scotsman Railways has created a program that keeps No. 4472 running most of the year, both on private heritage railways and on the main line.

Web site: http://www.flyingscotsman.com/
TOKYO-HAKONE

Location: Tokyo and Kanagawa Prefectures, Japan
Route length: 55 miles (88 km)
Railroad: Odakyu Electric Railway Company
Player-drivable locomotive: 2000 and 7000 LSE Series electric locomotives
Computer-controlled trains on route: 30000 EXE

Odakyu’s Odawara line runs from bustling Shinjuku station in downtown Tokyo to the city of Odawara. The line is one of the longest private railroad lines in Japan. The Odawara line has become known for connecting Tokyo and Hakone with the luxurious “Romance Car” express service, but it also serves many metropolitan-area business commuters. The line is famous for its stunning scenery and seasonal foliage. Hakone is a world-famous spa resort with spectacular views of nearby Mt. Fuji.

Service from Shinjuku to Hakone-Yumoto began in August 1950. The Hakone Express is now one of the most popular rail excursions in Japan.

Train Simulator includes the line from Shinjuku through Odawara to Hakone Yumoto. You’ll travel from downtown Tokyo, through the suburbs, and into the countryside before you start your final climb to Hakone. You can drive the commuter train (2000 Series), which makes frequent stops throughout the city and suburbs. Or, you can choose the famous Hakone Express, reaching speeds of 68.4 mph (110 km/h) as your passengers enjoy the luxury of the Romance Car.
Odakyu Electric Railway Company

This company, founded as Odawara Express Railway Co., Ltd. in 1923, operates three railway lines in the Tokyo metropolitan area: Odawara line, Enoshima line, and Tama line. These lines extend over 120 kilometers (74.6 miles) and carry some 1.84 million passengers daily—over 670 million people a year. They link Tokyo's new city center—Shinjuku—with Hakone, home to one of Japan's most beautiful national parks, and Enoshima, the site of the country's most famous ocean resort. Web site: http://www.odakyu-group.co.jp/
**HISATSU LINE**

**Location:** Kyushu island, Japan  
**Route length:** 53 miles (86 km)  
**Railroad:** Kyushu Railway Company  
**Player-drivable locomotive:** KIHA 31  
**Computer-controlled trains on route:** KIHA 140

Constructed in the first decade of the 1900s, the Hisatsu line was the main railroad line in Kagoshima prefecture on the southern Japanese island of Kyushu. A number of people died during construction of the line, especially digging Yatake Tunnel. Two stone plaques were made in order to honor all those who put tremendous effort to make the tunnel and in order to remember the hardship of building the Hisatsu Line. "Now we are easily able to transport people and heavy goods far distances because this railway travels through difficult geographic barriers as if it travels through flat land." Isaburo Yamagata placed the first plaque at the entrance of Yatake Tunnel, facing toward Hitoyoshi. Shinpei Goto placed the other plaque at the other entrance of the tunnel, facing toward Yoshimatsu. Therefore, trains going toward the plaque placed by Isaburo Yamagata are called "Isaburo" and trains going toward the other plaque placed by Shinpei Goto are called "Shinpei."

In the line’s heyday in the early 1900s, steam locomotives traversed the line, hauling freight and passengers. Today, the Hisatsu line is used mainly for scenic day trips with trains consisting of one or two cars. Occasionally, historic steam locomotives are used for special excursions.

The section between Yatsushiro and Hitoyoshi is called the River Line because it runs beside the Kuma river. There are 24 railroad tunnels in this section of the line. The section between Hitoyoshi and Yoshimatsu is called the Mountain Line. Trains climb the steep grade to the mountain pass (at 1772 feet (540 meters) above sea level) using two switchbacks and a loop. "Isaburo/Shinpei," the sightseeing train, runs on this section and stops at viewpoints for sightseeing—it has one of the three best rail views in Japan. Long station stops allow passengers to get off the train and explore the surrounding area before reboarding.
Kyushu Railway Company

Kyushu Railway Company (also known as J.R. Kyushu) was founded April 1st, 1987. Based in Fukuoka, Japan, it employs over 12,000 people. The company is very involved in the enrichment of Kyushu’s tourism and leisure resources. J.R. Kyushu runs a fleet of high-speed urban and intercity trains, while proudly maintaining the historic Hisatsu line as an important part of Kyushu’s past. Web site: http://www.jrkyushu.co.jp/
In addition to driving the different trains and routes included in Microsoft® Train Simulator, you can tap your own creative resources by using the Editors and Tools. With these tools you can create your own routes, import 3-D objects into Train Simulator from other sources, and create your own custom Activities.
BEFORE YOU BEGIN

To successfully create and edit your own Train Simulator components, it's important to understand these tools are for experienced computer users only, and that they are not supported by Microsoft Technical Support.

Note, however, that each Editor and Tool has its own online Help system.

To launch an Editor
1. From the Microsoft Windows® Start menu, select Programs.
2. Select Microsoft Games.
3. Select Train Simulator.
4. Select Editors and Tools.
5. Select the editor you want.

THE EDITORS AND TOOLS

The Activity Editor
The Activities have been designed to help you learn to operate the different locomotives while providing interesting story-based scenarios to complete. With the Activity Editor, you can create your own Activities or modify existing ones. You decide whether the Activity is Passenger or Freight, what the objectives are, and how much time the player has to successfully complete the Activity. You also select the time of day, the weather conditions, the season and the amount of fuel the player starts with, as well as hazards such as animals on the tracks or signals that aren’t functioning properly. Creating interesting Activities can be a fun and creative way to expand your Train Simulator experience.

The Route Editor
With the Route Editor you can modify any of the six routes included with Train Simulator. You can also create custom routes that are based in the real world or come from your own imagination. Using this Editor you can lay track, flatten or raise the terrain, place trees, buildings, signals, sidings, and many other objects in your route. Try starting with the basic terrain from any part of the world by using the Route Geography Creator (see below for details).
The Cab Editor

The cab is the interior of the locomotive as seen by the engineer. With the Cab Editor you can create an interactive view of the cab for a locomotive. You can design where you want to place working levers, warning lights, display screens, and gauges. All of the player-drivable locomotives included in Train Simulator already have cab views. If you want to create your own drivable locomotive you will need to create a cab for that locomotive.

Creating Terrain

Before you can lay track, you must first create the terrain in which you want to make a route. Terrain consists of two-kilometer square sections called terrain tiles which are generated with an editing tool. This tool converts Digital Elevation Map (DEM) data into a set of terrain tiles that can be loaded into the Route Editor as the first step in creating a route. Or you can create a set of flat, blank tiles, not based on any external data source.

Customization

You can repaint locomotives and scenery objects with your own 2-D paint tool and then import them for use in Train Simulator.
**OPERATION LIFESAVER, INC.**

Operation Lifesaver, Inc. (OLI) is a national, non-profit organization dedicated to reducing injuries and fatalities caused by train collisions with vehicles and pedestrians.

**Did You Know...**

- In the U.S., roughly 900 people die on the tracks every year and 1,800 are injured in 4,000 rail-related incidents.
- A motorist is 40 times more likely to die in a crash involving a train than in a collision with another motor vehicle.
- Trains can’t stop quickly; for example, the average freight train stopping distance is a mile or more.
- When a train hits a car, it’s like a car running over a soft drink can.
- It is illegal for pedestrians to be on railroad tracks, trestles, equipment and property—trespassers are subject to arrest and fines.

**Be Safe:**

- Never drive around lowered gates—it’s illegal and deadly.
- Never race a train to the crossing—even if you tie, you lose.
- Do not get trapped on the tracks—never drive onto a rail crossing until you are sure you can completely clear the crossing without stopping.
- Cross tracks only at designated pedestrian or roadway crossings.
- Do not attempt to hop aboard railroad equipment at any time. A slip of the foot can cost you a limb, or your life.

The good news is that vehicle-train fatalities have been reduced by more than 70% over the past 28 years; OLI has played an important role in that achievement. For more information see the Operation Lifesaver Web site at http://www.oli.org/